

City of Port St. Lucie Leisure Time

March to
October 2016

EVENTS • PROGRAMS & PARKS • RECREATIONAL OPPORTUNITIES



(772) 878-2277

www.cityofpsl.com/leisuretime

PORT ST. LUCIE IT STARTS IN
PARKS & RECREATION **P**ARKS

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From the Director

“THE WORK WE DO”

Our agency performs more roles in serving the Port St. Lucie community than ever before. We provide leadership as public health advocates, programming as recreational experts, care and maintenance as public facilities stewards and conservation and education as naturalists and managers of public lands. In all of our roles, we uphold standards of social equity and equal access to public resources. Park's & Recreation professionals, as well as the citizen advocates who support us, are critical to the integrity and accessibility of our nation's system of public lands, resources and opportunities for healthy living. And the data couldn't be clearer: we need your support now more than ever!

While our financial budgets show cause for optimism, the economic recovery is sluggish and we in Parks & Recreation feel that dichotomy daily. While we offer more than 40 fantastic parks and recreation facilities to the public, the correlating increase in population during the “boom” years has grown exponentially. With the Great Recession of 2007, which endured for several years, funds for park improvements and enhancements were cut. Given that the ensuing years of financial recovery is sluggish, yet real, now more than ever we must balance future growth with financial sustainability.

The challenge remains today to be in a position to offer our residents the amenities they desire. We receive requests daily, from either one or more residents, to provide additional athletic fields, more recreational programming, park amenities such as added lighting, more Special Events, etc. Given the budget reduction we incurred in FY 2015-2016, we are challenged with providing more to satisfy the wants of our public with less staff and financial resources within which to do so.

As one of the five 2015 Parks & Recreation Trends, “Agencies are pioneering new funding methods,” we have to remember that the “new normal” of shrinking municipal budgets doesn't necessarily mean there is less public support or demand. In the case of Port St. Lucie, quite the opposite exists. Our agency is tasked with getting creative to maximize this demand, through such alternative resources such as crowdfunding. One of the National Recreation & Parks Association's 2015 Key Monthly Messages is:

- Parks are the cornerstone of nearly every community, serving millions of people as the places anyone can go to be active, live healthier, connect with nature and gather together. Parks and Recreation make our lives and communities better. This mission lives on and will continue to intensify into the future.

Further supporting Key Messages from NRPA are:

- According to a 2014 article in the International Journal of Environmental Research and Public Health, higher levels of green space were associated with lower symptoms of anxiety, depression and stress.
- Living close to parks and other recreation facilities is consistently related to higher physical activity levels for both adults and youth.
- The nation's park and recreation facilities are on the frontline in the battle against the obesity epidemic and other chronic health issues.

How do we match our residents' wants with still static funding? Our department is doing so by simplifying our approach to managing and sustaining our efforts by focusing on why, what and how we do things. Our purpose is to deliver opportunities for health, happiness and prosperity to residents and visitors through a park-like, connected public realm. What we do is connect people and parks for life through Health, Environment, Economic Impact and Community Building. How we do it is through best practices in performance excellence and sustainability.

The engagement and enthusiasm from our public has been inspiring and continues to inspire our community. We welcome your input and support throughout the coming years as this will be an exciting time for all of us, as it will challenge us out of our comfort zone and will require the courage to push ourselves and this City to the zenith. To effectively balance the wants and needs of a community within a confined fiscal budget will stretch us all and, through communication, understanding, commitment and a good amount of patience, we are confident that our parks and recreation network of phenomenal facilities, parks and preserves will serve the expanding needs of our residents and visitors.

Keep it Clean, Green, Safe & Fun,
Sherman Conrad, CPRP

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Registration & Sign-up

Don't stand in line...register ONLINE! Recently, your Parks & Recreation Department expanded the online registration capability and you can register ONLINE for many of our programs, including the popular Summer Camp and Junior Basketball programs. Stay connected with your Parks & Recreation Department through our website, www.cityofpsl.com, as you can find lots of newsworthy information about upcoming events and programs offered to the community. We recognize and appreciate that you have choices when pursuing your leisure opportunities and we value that you have chosen the Port St. Lucie Parks & Recreation Department to provide you with quality parks, recreational programs and special events.

Kids at Hope

Kids at Hope is, first and foremost, a belief system, supported by a cultural strategy and then enhanced by programs. The Kids at Hope vision is that every child is afforded the belief, guidance and encouragement that creates a sense of hope and optimism.

The City of Port St. Lucie has adopted the Kids at Hope belief that "All Children are Capable of Success, NO EXCEPTIONS!" Our staff has undergone the initial training and have become "Treasure Hunters", looking for the treasures in every child.

The Parks & Recreation Department is committed to sharing the Kids at Hope belief system with all staff, volunteers, volunteer coaches, and recognized user groups. We also offer the opportunity to you, our valued customer, to be trained in the Kids at Hope belief system so that you, too, can become a Treasure Hunter. What better investment can we make, as a community, than instilling the confidence and belief among our youth that they are capable of success...NO EXCEPTION! Please call us at (772) 878-2277 so that you, too, can become a Treasure Hunter.



Volunteer Program & Sponsorships

“WHO CAN AND DOES VOLUNTEER?”



“Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love.”

-Martin Luther King, Jr.



The Cambridge English dictionary defines a volunteer as “a person who does something, especially for other people or for an organization, willingly and without being forced or paid to do it.” In the City of Port St. Lucie, we define our City Volunteers, almost 300 strong, as “people who do something for our organization selflessly, without pay, who generously assist City staff as we provide our residents with only EXCELLENCE IN CUSTOMER SERVICE.”

As a nation and a City, our greatest resource is our people. In President Obama's Proclamation, dated April 10, 2015, announcing 2015 National Volunteer Week, he said: “We each have the power to strengthen the fabric of our society and make the world a better place... Through service, ordinary people can make an extraordinary impact.”

Nowhere in the City is this more evident than in the City Volunteer Program. Candidates come to us with the common desire, to “give back to this great City.” And give back they do, whether in the form of Guest Services volunteer, Junior Basketball Assistant Coach, Park Ambassador, Special Event volunteer, Office Assistant volunteer or Golf Course Starter. Volunteering empowers our residents, allowing them the opportunity to give back to their neighborhood and their City. Our volunteers dedicate themselves to helping build a better future for the next generation by instilling youth with sound athletic mentoring or assisting City staff with financial data processing. Together, City staff, residents and volunteers work to meet our nation's challenges, not just for one day, but every day.

As the official date approaches for 2016 National Volunteer Week, which will be celebrated nationally as well as here in the City from April 10 through 16, 2016, we will inspire, recognize and encourage people to seek out imaginative ways to engage in our community. National Volunteer Week is about demonstrating to each other that by working together, we have the fortitude to meet our challenges and accomplish our goals.

National Volunteer Week is about taking action and encouraging everyone and their respective communities to be at the center of social change-discovering and actively demonstrating their collective power to making a difference in the City of Port St. Lucie. By doing so, we all work toward making the City the best place to live, work and play.

We urge you, though, not to wait until National Volunteer Week to show your appreciation to any volunteer you may encounter in your walk through life. Please acknowledge the selfless service that our City volunteers and other volunteers donate and thank them for their time and talent.

As Gretchen Rubin, American author, said:

“Volunteering to help others is the right thing to do, and it also boosts personal happiness. A review of research by the Corporation for National and Community Service shows that those who aid the causes they value tend to be happier and in better health. They show fewer signs of physical and mental aging. And it's not just that helpful people also tend to be healthier and happier; helping others causes happiness. “Be selfless, if only for selfish reasons,” as one of my happiness paradoxes holds. About one quarter of Americans volunteer, and, of those, a third volunteer for more than a hundred hours each year.”

Memorial Day Service at Veteran's Memorial Park

Join us at Veteran's Memorial Park for this special service to honor those who gave the ultimate sacrifice. The United Veterans of Port St. Lucie will provide a moving tribute. Limited seating is available; we suggest that you bring a lawn chair. The event will start promptly at 10 a.m.

For more information please call Community Center at (772) 878-2277

Celebrate Parks and Recreation Month in July

Come and celebrate with us! Visit the Civic Center, Community Center, or Minsky Gym for a complimentary visit and enjoy one of the great programs/classes we have to offer. Already a member or signed up for one of our classes? Receive a free gift while supplies last from your friends at the Parks & Recreation Department.

For more information, and a list of eligible classes, please call one of the following facilities:

Civic Center: (772) 807-4499
Community Center: (772) 878-2277
Minsky Gym: (772) 344-4142

Freedomfest - July 4th

Join us for the most popular July 4th show offered on the Treasure Coast. Freedomfest is how the City of Port St. Lucie celebrates its pride in our nation and our community. The Freedomfest celebration begins at 2 p.m. with live bands, food and refreshments, games and activities for kids and families, arts & crafts vendors and much, much more. Freedomfest culminates with the area's largest and most dramatic fireworks display beginning at 9 p.m. (weather permitting).

For more information please call here: (772) 878-2277.

SPECIAL EVENTS



Memorial Day Service at Veterans Memorial Park
Location: Veteran's Memorial Park
Contact: (772) 878-2277

DATE: Monday, May 30th
TIME: 10 a.m.

Celebrate Parks and Recreation Month in July

Location:
Civic Center: (772) 807-4499
Community Center: (772) 878-2277
Minsky Gym: (772) 344-4142
Online Activity Code: 582893

DATE: July 1-31st

Freedomfest

Location: Civic Center / Village Square
Contact: (772) 878-2277

DATE: Monday, July 4th
Time: 2p.m.



Kids Fishing Tournament

The City of Port St. Lucie Parks & Recreation Department, P.A.L., and the Port St. Lucie Angler's Club will be hosting their 34th Annual Kid's Fishing Tournament for kids 5-14 years of age on Saturday, August 13, 2016 at the Police Athletic League building on Tiffany Avenue. Kids ages 5-9 register at 7:30 a.m. and fish from 8-9 a.m. Ages 10-14 register at 9 a.m. and fish from 9:30-10:30 a.m. An adult **MUST** accompany all kids under the age of 8. Trophies will be awarded in each division. A free raffle will be offered and refreshments will be served. Kids will need to bring their own poles and tackle. Single hook lures only please. Please bring eye protection against hooks and poles, such as sunglasses.

For more information please call here:
(772) 878-2277.

Garage Sale - Minsky Gym

Find a bargain, or better yet, be a vendor and unload all of your unwanted treasures and make some money at the same time! Our popular garage sale is always held the 3rd Saturday of each month. To pick and reserve your space to be a vendor, stop by the Minsky Gym.

For more information, please call Minsky Gym at (772) 344-4142.

One Stop Shop Sale

Clean out the garage, drag in that old furniture, and bring the crafts you make or grow...whatever you want to sell, bring it to the Port St. Lucie Civic Center parking garage sale on the 4th Sunday of the month (excluding holidays) from 9:30 a.m.-1:30 p.m. This sale is open to vendors as well! So come and sell, or come and shop – we have something for everyone!

One Stop Shop Sale

Code: 582923

Location: Civic Center Parking
Garage Lower Level

Date: 4th Sundays monthly
April-Sept

Cost per spot: \$12.50 (public admission FREE)

For a vendor spot contact: Jennifer Romberger: jromberger@cityofpsl.com

For general info, please contact: (772) 807-4499.

Follow on youtube: <https://www.youtube.com/watch?v=jXkMrH7ReNM>

Now advertised on Craigslist. Bring your own tables or rent an 8ft table for \$10.

Kids Fishing Tournament

Location: Police Athletic
League Building

Contact: (772) 878-2277

DATE: Saturday, August 13th

TIME: 2 p.m.

Garage Sale - Minsky Gym

Location: Minsky Gymnasium /
Overflow Parking Lot

Coordinator: Demetris Collins

Activity Code: 126703

DATE: Saturday, Recurring

TIME: 8 a.m.-12 p.m.

FEE: \$6.40



CAMPS

X-Treme Teen Camp (ages 12-14)

This very popular teen camp continues to offer great activities for younger teens. As a camp we are always on the go, to the Mets Game, ice skating, bowling, Rapids Water Park, Boomers and much more! We even head to theme parks! Camp is held at the Port St. Lucie Civic Center. Limited space is available and pre-registration is required. A copy of the child's birth certificate is required at time of registration. We cannot hold spaces by phone. Registration is available online as well as at the Community Center, Civic Center and Minsky Gymnasium, seven days a week. Registration will open on Friday, April 1, 2016. At the Civic Center site, we will be offering 10-one week sessions. The fee is \$82 per child per week/session and includes field trips Monday through Thursday. The fee for Friday field trips will be due the day of the trip. There is a \$5 discount for each additional child registered for camp. Each session must be paid in full seven days in advance. To reserve your space, 50% of your balance is due at the time of registration.

Camp refunds/transfers will only be issued if the following criteria are met:

1. Request is submitted in writing within seven days of the first day of the session.
2. All refunds and cancellations are assessed a \$15 processing fee for each transaction.
3. Transfer of sessions is permitted based strictly upon availability.
4. Refunds will not be issued for transfers that take place within seven days of the start of a new session.
5. Transfers are only permitted once per session.

Youth Camp (ages 6-11)

Need somewhere for your child to go for the summer? Well, the Parks & Recreation Department has that perfect place. Sign your children up for Summer Camp 2016! All summer will be filled with fun activities and field trips fun and age appropriate. Youth camp sites include the Port St. Lucie Civic Center and Minsky Gymnasium. Limited space is available and pre-registration is required. A copy of the child's birth certificate is required at the

time of registration. We cannot hold spaces by phone. Registration is available online as well as at the Community Center, Civic Center and Minsky Gymnasium, seven days a week. Registration will open on Friday, April 1, 2016.

At our sites, we will be offering 10-one week sessions. The fee is \$82 per child per week/session and includes field trips. There is a \$5 discount for each additional child registered for camp. Each session must be paid in full seven days in advance. To reserve your space, 50% of your balance is due at the time of registration. If a five year old has completed kindergarten, they are eligible to attend camp and must be able to provide documentation.

X-Treme Teen Camp

Location: Port St. Lucie Civic Center
Online Activity Code: 133525

DATE: M-F June 6-August 12
TIME: 7:30 a.m.-6 p.m.
FEE: \$82 weekly

Youth Camp

Location: Port St. Lucie Civic Center OR Minsky Gymnasium
Online Activity Code:
152501 (Civic) / 152503 (Minsky)

DATE: M-F June 6-August 12
TIME: 7:30 a.m.-6 p.m.
FEE: \$82 weekly
(includes field trips)

"Under the Sea" Toddler Summer Camp

Location: Tot Room
Instructor: Jennifer Romberger
Contact: (772) 807-4493

DATE: M-F May 31-August 12
(some holidays excluded);
TIME: 7:30 a.m.-6 p.m.
FEE: \$82 weekly

"Under the Sea" Toddler Summer Camp (ages 3-5)

Let your preschooler experience summer fun with this awesome camp! Themed weeks of arts n'crafts, sports, and playtime, fill the days. Afternoon snack is provided but don't forget to pack a lunch. All campers must be potty-trained. Sibling discounts are available. Register for individual weeks or for the entire summer!

Must be 3 yrs old by May 31, 2016. Five-year-old must NOT have attended kindergarten. Registration opens April 1st. Only 30 spots available in this program. Registration MUST be done in person at the PSL Civic Center. Part Time is NOT available.

To preview this program on YouTube, follow this link:
<https://www.youtube.com/watch?v=2FYZFqI1Ow>

Eagles Football Camp (ages 6 to 14)

This is an all-position camp to teach younger players the basics of blocking, tackling, throwing and receiving. They will learn the latest techniques and increase their speed and agility. Each camper will receive a free camp T-shirt and snacks will be provided. Awards will also be presented. Register online with the activity code.

Baseball Camp Coed - Youth (ages 7 to 12)

This program will provide exercise and conditioning with an opportunity for your child to learn the fundamental skills of hitting, fielding, throwing, base running and game situations.

Basketball Skills & Drills Camp (ages 8 to 13)

This camp will focus on basketball skills including ball handling, shooting, passing, rebounding, defensive techniques and game knowledge.



Eagles Football Camp

Location: SLW Centennial High School Field
Instructor: Coach Troy Surloff
Online Activity Code: 900019

DATE: M-Th June 13-16, 20-23, 27-30 / July 11-14, 18-21
TIME: 9 a.m.-12 p.m.
FEE: \$64.75 per week

Baseball Camp Coed - Youth

Location: Whispering Pines Park / Field #1
Instructor: Coach Dave Hentz (P.A.L.)
Online Activity Code: 900020

DATE: M-Th June 27-30
M-F July 18-22
TIME: 9 a.m.-1 p.m.
FEE: \$56.65 per week

Basketball Skills & Drills

Location: Port St. Lucie High School
Instructor: Coach Kareem Rodriguez
Online Activity Code: 900024

DATE: M-Th June 6-9
June 13-16
TIME: 8 a.m.-12 p.m.
FEE: \$40 per week

Expressions Performing Arts

Location: Port St. Lucie Community Center
Instructor: Ana Bolt-Turrall
Online Activity Code: 800041

DATE: M-Th July 5-15
TIME: 8 a.m.-12 p.m.
FEE: \$275 per week
\$530 per two weeks if paid in advance.
Sibling fee of \$275 for the first child & \$225 for the second child (must have paperwork)

Expressions Art Camp

This camp offers a quality and educational program at affordable prices for young artists who are seeking to develop their skills and find their hidden potentials. No other camp offers this variety of programs within one specialty camp at these rates as this exceptional camp does by Expressions.

Early drop off is 8:15 a.m. and late pick-up is 4 p.m. with an extra cost of \$50 a week.

- *Hip-Hop- Ballet-& Contemporary
- *Acting class for communication and memorization skills
- *Student choreography development
- *Modeling and etiquette
- *Arts & Crafts
- *FREE Performance June 17th at 2:30 p.m., location TBA

Please NOTE: Costumes are kept simple and at a minimum. Cost is \$25 per child for a costume.

Parks & Recreation Facilities

Robert E. Minsky Gymnasium



Community Center

Saints Golf Course



Civic Center

Botanical Gardens



COMMUNITY CENTER

Looking for a beautiful venue to host your upcoming wedding reception, party, performance, show, dance, seminar, meeting, contest or auction? The Port St. Lucie Community Center boasts an 8,300 square foot banquet hall with stage. Our rental rates are reasonable to accommodate everyone's budget. Located across from City Hall, the Community Center is the perfect place to meet and play. Our well-designed banquet hall and meeting rooms can accommodate as few as 10 people or groups as large as 800. We offer a full or catering style kitchen which is available for rent for your exciting day. Remember to book your event soon—our rental calendars fill early in the year with upcoming events. We can accommodate groups of any size, as our banquet hall is easily divided into separate rooms for smaller groups. We welcome corporations and smaller groups of 5 to 50, as we also book rentals in two meeting rooms who desire a more professional setting for their events. The Community Center is a designated Safe Place site. Project Safe Place is a nationally-acclaimed prevention and outreach program. The Community Center is also home to a state-of-the-art Fitness & Wellness Center.



**2195 SE Airoso Blvd
Port St. Lucie, FL 34984
(772) 878-2277**

Guest Services Hours

Monday-Friday Saturday-Sunday
8a.m. - 9p.m. 8a.m. - 8p.m.

Youth Dance

Ballet (ages 10-17)

DATE: Tuesdays, **Recurring**

Online Activity Code: 800000

Location: Multipurpose Room

Instructor: Sonya Hoffman,

jclhoffman@yahoo.com

FEE: \$35 monthly

**Tuesdays
7-8 p.m.**

This is a basic ballet class that can help your child with other activities such as baton or gymnastics. Basic barre and center technique will be taught in order to improve coordination, stretch, and grace. Attire: any solid colored body suit, pink tights, pink ballet shoes, and hair must be pulled back in bun or pony tail.

The Guest Services Desk at the Community Center is your first stop for the latest and best information about what is going on in the Parks & Recreation Department of the City of Port St. Lucie. Our friendly Guest Services staff can assist you in locating the perfect park for your next outdoor event, provide you with information on renting a room at the Community Center and get you registered for any of the excellent programs offered through the City of Port St. Lucie Parks & Recreation.

Ballroom Dance

Every three weeks, George and Judy Go will work on a different style of dance. Pot Luck Dinner: July 25 and September 26. All parties will be held from 6:30 to 9:30 p.m. and are \$10 per guest.

NC2

DATE: April 5-19

EC Swing

DATE: May 3-17

Bolero

DATE: June 14-28

Ballroom Dance (Ages 18+)

Online Activity Code: 134113

Location: Room A

Instructor: George Go,

(772) 340-2894

FEE: \$30/3 weeks

\$12 Drop-in

Waltz

DATE: July 5-19

Rumba

DATE: August 2-16

Tango

DATE: September 6-20

**Tuesdays
7:30-9 p.m.**

Country Line Mix Dance Classes (ages 9 & up)

Not just country line dancing but the best mix of country and non country music. Line dancing is good for your mind, body, and soul. Dancing has many positive health benefits. Great for the whole family.

Beginner Drop-in Class (Recurring)

Location: Multipurpose Room

Instructor: Kathy Parker, kat_dancin@yahoo.com

FEE: \$6 Drop-in

Mondays

6-6:45 p.m.

6:45-8 p.m.

***Class will not meet on: May 30, July 4**

Beginner Class (Recurring)

Online Registration Activity Code: 129262

Location: Multipurpose Room

Instructor: Kathy Parker, kat_dancin@yahoo.com

FEE: \$25 Monthly/ \$6 Drop-in

Wednesdays

12:30-1:30 p.m.

Thursdays

6:30 - 7:30 p.m.

Intermediate Class (Recurring)

Online Registration Activity Code: 116104

Location: Multipurpose Room

Instructor: Kathy Parker, kat_dancin@yahoo.com

FEE: \$25 Monthly/ \$6 Drop-in

Wednesdays

1:30-2:30 p.m.

Thursdays

7:30-8:30 p.m.

Beginner & Intermediate (Recurring)

Location: Multipurpose Room

Instructor: Kathy Parker, kat_dancin@yahoo.com

FEE: \$30 Monthly

Wednesdays

12:30-2:30 p.m.

Thursdays

6:30-8:30 p.m.

Fitness

Zumba with Cecilia (ages 12 and older) (Recurring)

Online Registration Activity Code: 116405

Location: Room A

Instructor: Cecilia Garcia, (772) 529-2911

FEE: \$30 Monthly/ \$8 Drop-in

Tuesdays

6-7 p.m.

Thursdays

6-7 p.m.

Zumba with Karla (ages 14 and older) (Recurring)

Online Registration Activity Code: 111132

Location: Multipurpose Room

Instructor: Karla Aviles, (772) 240-9909

FEE: \$20 Monthly/ \$7 Drop-in

Mondays

5:45 - 6:45 p.m.

Saturdays

9:30 - 10:30 a.m.



Zumba is a fitness dance exercise program that keeps everyone motivated by creating a party-like atmosphere. Zumba will take you through a combination of dance steps such as merengue, reggaeton, and salsa, while incorporating fitness exercises such as bicep curls, knee lifts, and squats. Zumba Fitness is mostly about dance moves that make everyone laugh, smile and let loose.

Zumba Fitness, moving the world to a new beat. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness party that's moving millions of people toward joy and health.

Special Interest Programs

Mah Jongg (age 55 & up)

Join us at the Port St Lucie Community Center for a fun game of Mah Jongg while socializing with old friends and meeting new friends.

Stained Glass (age 18 & up)

Learn how to make beautiful stained glass. Hundreds of people in this area have, and you can too. This class is taught by Kelly Toffey, a certified instructor. Materials and tools are an additional cost and a list of needed items will be provided at the first class meeting.

Mah Jongg (Ages 55 & up) (Recurring)

Location: Tot Room
FEE: \$1.40 Drop-in

Tuesdays
1-4 p.m.

Stained Glass (Ages 18 & up)

Online Activity Code: 114817
Location: Room A
Instructor: Kelly Toffey
FEE: \$99 Monthly

March 9-April 20
April 27-June 8
June 15-July 27
August 3-September 14

Wednesdays
11:30 a.m. - 2:30 p.m.

Social Bridge (age 55 & up)

Play social or "party" bridge Monday afternoons with friendly people who, first and foremost, want to have an enjoyable, brain-stimulating time. All levels welcome.

Senior Social (age 55 & up)

Come join us at the Port St. Lucie Community Center on Mondays, Tuesdays and Thursdays for billiards while meeting new friends and socializing with old ones.

Social Bridge (Ages 55 & up) (Recurring)

Location: Tot Room
FEE: \$1.40 Drop-in

*Class will not meet
on: May 30
July 4

Mondays
1-4 p.m.
Fridays
1-4 p.m.

Senior Social (Ages 55 & up) (Recurring)

Location: Game Room
FEE: \$1.40 Drop-in

*Class will not meet
on: May 30
July 4

Tuesdays and Thursdays
12-4 p.m.

Karate Classes

Martial Arts classes are offered by the American Kang Duk Won Association in the traditional style of Tae Kwon Do and have been in Port St Lucie for 30 years. Classes include kakas, sparring, beginning and advanced self defense. All classes are taught by certified black belt instructors. This is an ongoing program. No contract, no registration fees.

Karate for Kids (Ages 6 to 11) (Recurring)

Online Activity Code: 132601
Location: Multipurpose Room
Instructor: Charlene Watson,
charlenewatson@gmail.com
(772) 342-4727
FEE: \$37.75

Wednesdays
6:30-7:30 p.m.
Fridays
6:30-7:30 p.m.

Karate (Ages 12 & up) (Recurring)

Online Activity Code: 139612
Location: Multipurpose Room
Instructor: Charlene Watson
FEE: \$37.75

Wednesdays
7:30-8:30 p.m.
Fridays
7:30-8:30 p.m.



Zumba Gold

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. No jumping is required in Zumba Gold, which is lower impact for seniors.

Wednesdays & Fridays
10-10:50 a.m.

Gentle Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

Tuesdays & Wednesdays
11-11:50 a.m.

Silver Sneakers Yoga Stretch

Silver Sneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Wednesdays
9-9:50 a.m.

Wake Up Workout

A full body workout utilizing steps, weights & bands to kick start your day.

Thursdays
7-7:50 a.m.

COMMUNITY FITNESS & WELLNESS CENTER CLASSES

Fitness Center Hours:

Monday-Friday 6 a.m.-8 p.m.

Saturday & Sunday 8 a.m.-2 p.m.

We now have two Fitness locations that you can enjoy. The Humana Fitness & Wellness Center at the Civic Center and the Community Fitness & Wellness Center. Members can enjoy both locations and the fitness classes are free with a membership! Personal Training packages available at both locations for a low rate. Both locations accept Silver Sneakers!

Relaxation Yoga

Focus, breathe, become centered, relieve stress and tension while you practice skills for coping with everyday stress.

Wednesdays
5:30 - 6:30 a.m.

Senior Fit

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

**Mondays, Tuesdays,
Thursdays, Fridays**
9 - 9:50 a.m.
Tuesdays
10-10:50 a.m.

Core and More

Main focus on strengthening the core muscles, abdominals, glutes, and thighs and will include some fat burning cardio.

Tuesdays
12:30 - 1:20 p.m.

Body Sculpt

Take your workout to the next level. This class is designed to strengthen and sculpt every major muscle group utilizing hand weights and/or barbells and other equipment.

Mondays & Thursdays
11:30 a.m. - 12:20 p.m.

Cardio Circuit

No equipment necessary - all cardio, no weights. Burn calories & get your heart pumping!

Mondays & Thursdays
10 - 10:50 a.m.

Chair Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere all while sitting in a chair.

Fridays
11-11:50 a.m.

Robert E. Minsky

750 SW Darwin Blvd
Port St. Lucie, FL 34953
(772) 344-4142

Gymnasium

All activities/classes in this section are held at Minsky Gym unless otherwise indicated.

Robert E. Minsky Gymnasium is located in Whispering Pines Park. It is an 8,000 square foot gymnasium that features six-basketball goals, 200-seat bleachers and two full-sized volleyball courts. We offer a wide-range of activities for people of all ages, including basketball, volleyball, soccer, open gym time for adults and children, our popular Junior Basketball League, Adult Softball League and much more. We also offer Birthday and Team Party packages for children.

Minsky Gym is a "Kids at Hope" facility and staff has been trained. In doing so, we have become a Kids at Hope site with signage indicating that we follow the guidelines and principles of the organization to demonstrate how all children can succeed, NO EXCEPTIONS. Our staff encourage children to be successful and help them achieve their goals by using the little steps, big dreams ladder to success and other tools provided by the organization. Our facility is also a designated Safe Place site. Project Safe Place is a nationally-acclaimed prevention and outreach program.

Minsky Gymnasium is also available for rental for your special event or function. For more information, please call (772) 344-4142.

Preschool Programs

Pee-Wee Dunkers (age 3-5)

This will be a FUN four week basketball program where boys and girls can develop hand-to-eye coordination and movement while learning new skills such as: running, shooting, dribbling, passing, etc. This will also help your child when he/she decides to move up to the Instructional Division of our Junior Basketball program. Parents will be asked to participate in these skills to give your child more repetitions. Participants will also learn about sharing and good sportsmanship.

Online Activity Code: 121601

Instructor: Rick Jelliffe

Contact: (772) 344-4142

FEE: \$28.35

DATE: April 4-25

May 2-23

Mondays
1- 2 p.m.

Parent-Tot Time

Ages 5 and younger with parent or guardian. We will have sing-a-longs; structured games led by the instructor, coloring, and also have a blast with the bubble machine! After all this excitement each child will receive a snack. Parent participation is encouraged.

Online Activity Code: 121201

Contact: (772) 344-4142

FEE: \$1.95 Drop in program, no pre-registration

Thursdays
10:30 a.m.- 12 p.m.

Water Play Wednesdays

Ages 5 and younger with parent or guardian. Water play is good for a child's physical, mental and social-emotional growth. We'll provide a small pool with toys, beach balls and even a slip n' slide. Parents, please be sure that your child has sunscreen applied and provide a towel, drinks and a snack. Parents, you are welcome to bring folding chairs and umbrellas for your comfort.

Online Activity Code: 121207

Contact: (772) 344-4142

FEE: \$3.00 Drop in program, no pre-registration

Mondays
1- 2 p.m.



Wild Wacky Wednesdays

Ages 5 and younger with parent or guardian. Children will make new friends while they join in open playtime. They will also have lots of fun participating in the instructor led games, which includes exercising, an obstacle course and scooter races! All children will receive a snack after this hour of enjoyment! Parent participation is greatly encouraged.

Online Activity Code: 121202

Contact: (772) 344-4142

FEE: \$1.95 Drop in program, no pre-registration

Wednesdays
10:30- 11:30 a.m.

Youth Programs

Little Kicks Soccer (Ages 3 -7)

Online Activity Code: 900015
 Location: Jessica Clinton Park
 Instructors: Scott Hoffman &
 David Robertson
 FEE: \$30 per month

April 9-30
May 7-28
June 4-25

Saturdays
9-10 a.m.

Boys and girls can expect to receive instruction on proper footwork, ball control techniques, passing, heading, goal keeping, defensive/offensive strategies and much more. Parents please provide a drink and snack for your child. Tennis shoes and soccer ball are recommended. For any additional information on this camp, please call Coach Hoffman at (772) 979-2448.

Volleyball (Ages 10 -17)

Online Activity Code:122604
 Location: Minsky Gymnasium
 Coordinator: Minsky Staff
FEE: \$.70 Drop in program

No pre-registration

Thursdays
6-8 p.m.
(Recurring)

Stop in Minsky Gym for some open gym time playing volleyball in comfortable air conditioning! This is not a league. It is a drop-in program for boys and girls.



Pizza Jam (Ages 6 -12)

Online Activity Code: 122702
 Location: Minsky Gymnasium
 Instructor: Minsky Staff

Fridays
6-9 p.m.

FEE: \$7.90 Drop in program
 No pre-registration

April 1 / April 22 / May 27
June 17 / July 1 / Aug. 19 / Sept. 9 / Sept 23

Participants will have fun playing basketball games, competing in contests, and eating PIZZA, but most of all have a great time! Parents are required to register their children the evening of the event at the door. This is a lock in program...doors will be locked at 6:30 p.m. Children will not be permitted to leave until a parent picks them up at 9:00 p.m. Parents are required to bring identification when picking up their child.



Birthday Pizza Parties (Ages 6 -12)

Online Activity Code: 126701

Location: Minsky Gym

Coordinator: Demetris Collins

DATE: April 3-Sept. 25

FEE: \$148.60

Sundays

12:30 - 3:30 p.m.

Schedule a birthday party at Minsky Gym for your child to enjoy an exclusive Pizza Jam with their friends. We provide the fun: for approximately one hour our staff will organize a variety of games and contests for the kids to enjoy or, if they want to play basketball, they can do that also! The cost also includes eight pizza pies for up to 25 participants and paper goods (white plates, napkins & cups). Specialty paper goods/decorations must be provided by the patron. Parents are responsible for providing the cake with plastic forks and cold beverages. Sundays are available throughout the year; Saturdays are only available when Junior Basketball is not in season (Mar, Apr, Sept, and Oct). All reservations are subject to availability.

Team Pizza Parties (Ages 6 -18)

Online Activity Code: 126702

Location: Minsky Gym

Coordinator: Demetris Collins

DATE: April 3-Sept. 25

FEE: \$148.60

Sundays

12:30 - 3:30 p.m.

Schedule a Team Party at the Minsky Gym for your Port St. Lucie Junior Basketball Team and enjoy a Pizza Party to CELEBRATE! Our staff will help organize this event and provide a variety of games, contests, or you're welcome to play basketball in our gym. The cost also includes eight pizza pies for up to 25 participants and paper goods (white plates, napkins & cups). Patron is responsible for providing the cold beverages and any additional snacks. All reservations are subject to availability.



Junior Basketball

Registration for Junior Basketball Instruction-Summer Season will be available online on March 5, 2016 at 8:00 a.m. or at Minsky Gym, Community Center or Civic Center. After March 5th, you may register online or at any site for any division. For more information, please call (772) 344-4142 (Minsky Gym), or (772) 807-4499 (Civic Center).



Junior Basketball Instruction (Ages 6 -7 coed)

Online Activity Code:

Minsky Gym 900005

Civic Center 500035

Location: Minsky Gymnasium / Civic Center

Coordinators: Andrew Esposito / RaShad Thomas

FEE: \$49.90 (10 consecutive weeks)

Learn the basics of basketball in a fun and safe atmosphere. This is not a league. This program is designed to teach basic fundamentals and skills so participants can enter the Junior Basketball League and have fun. Fees for this program include a t-shirt and a basketball. Registration for Junior Basketball Instruction-Summer Season will be available online on March 5, 2016 at 8:00 a.m. or at Minsky Gym, Community Center or Civic Center at 8:00 a.m. After March 5th, you may register online or at any site for any division.

Junior Basketball Program

(Ages 8 -17)

Location: Minsky Gymnasium / Civic Center

Coordinators: Andrew Esposito /

Rashad Thomas

Contact: Minsky Gym @ (772) 344-4142

or Civic Center @ (772) 807-4499

Online registration activity codes:

Upper Boys - 900010

Middle Boys - 900009

Middle Girls - 900008

Lower Boys - 900007

Lower Girls - 900006

Dribbler Boys - 500037

Dribbler Girls - 500036

FEE: \$78

Registration begins Sat. March 5th at 8 a.m.. Register online or at Minsky Gym, Community Center or Civic Center.

Games will begin on Saturday May 7, 2016. For more information, please call:

Minsky Gym (772) 344-4142 or

Civic Center (772) 807-4499.

The Junior Basketball program is an instructional league which includes playoffs. All children will be required by league rules to play a specific amount of time. Parents will be required to help coaches in scorekeeping and timekeeping each week during the season. We are always looking for volunteers to coach teams and assist in coaching. Each coach must be certified by the National Youth Sports Coaches Association (NYSCA) and complete the Kids at Hope training. Space is limited. Divisions will be filled on a first-come, first-served basis. No positions will be held, unless registration is paid. Please bring a copy of your child's birth certificate to registration. The fee for additional children in the household shall be \$73. In addition, one parent will be required to sign a Parent Code of Conduct.



Adult Sports Programs

Adult Softball League (18 and over)

Online Activity Code: 124601

Location: Sandhill Crane Park

Lyngate Parks

Coordinator: Demetris Collins

Contact: (772) 344-4142

Coed, Men FEE: \$500

Women FEE: \$400

Mondays and Wednesdays (MEN)

Sandhill Crane Park

May 16 - Aug. 10

Thursdays (WOMEN)

Sandhill Crane Park

May 19 - Aug 11

Fridays (COED)

Sandhill Crane Park

May 20 - Aug. 12

6- 10 p.m.

***Register: April 11- May 6, 2016 Registration is by team only.**

***Annual USSSA Sanction fee of \$25 must be paid per team.**

***Please note: Managers meeting will be held Thursday May 12, 2016.**



Adult Gym Drop-In (Ages 19 and over)

Join us three days a week for an opportunity to play some basketball indoors, sharpen your skills or just shoot around with the guys. Participants must sign in at the time of entry. Photo ID may be requested to verify age.

30 & Over Basketball League - Drop-In (Ages 30 to 49)

If you've got game...BRING IT, but remember this is a recreational adult basketball league. It is designed for people who have to get up and go to work the next day! Give Demetris a call at (772) 344-4300 and inquire about getting on a team. All players must have a photo ID.

Adult Volleyball Drop-In (Ages 18 and Over)

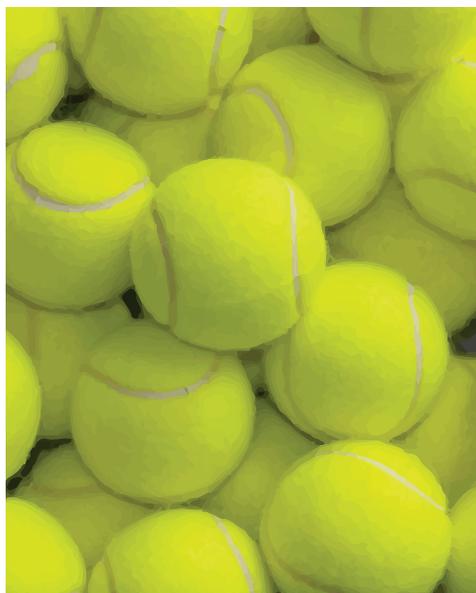
Stop by and enjoy open play time for recreational indoor volleyball. This program is for both men and women and is NOT a league. Feel free to get a group together or drop in by yourself!

Location: Minsky Gymnasium	Date	Day	Time	Fee
Adult Gym Drop-In (age 19 & up) Activity Code: 122606 Coordinator: Minsky Staff	Ongoing	T, W, TH	12- 2p.m.	\$1.30
30 & Over Basketball League-Drop-In (age 30-49) Activity Code: 124403	Ongoing	Sundays	2- 7p.m.	\$1.30
Adult Volleyball Drop-In (age 18 & up) Activity Code: 124602 Coordinator: Minsky Staff	Recurring	Thursday	7- 9p.m.	\$1.30



Whispering Pines Tennis Center

Whispering Pines Park features 14 tennis courts, nine of which are lighted for evening play. Tennis programming is offered through a local tennis professional.



Tennis All Stars

(Ages 10+) (Recurring)

FEE: \$58

Learn the basic instruction on the fundamental strokes of the game. Serving, forehand, backhand and net play are covered at this level. Scoring with singles and doubles play will be introduced.

Mondays and Wednesdays

5- 6 p.m.

Tennis Junior Pee Wee

(Ages 4- 6) (Recurring)

FEE: \$58

An introduction to the sport of tennis by learning basic racquet skills and movement through fun games and play.

Tuesdays and Thursdays

5- 6 p.m.

Tennis Adult Starter Class

(Ages 18+) (Recurring)

FEE: \$35

An introduction to the sport of tennis by learning basic racquet skills and movement through fun games and play.

Tuesdays 7- 7:30 p.m.

Thursdays 9-10 a.m.

Tennis Future Stars

(Ages 5- 10) (Recurring)

FEE: \$50

Learn the basic instruction on the fundamental strokes of the game. Serving, forehand, backhand and net play are covered at this level. Scoring with singles and doubles play will be introduced.

Tuesdays and Thursdays

5- 6 p.m.

Junior Starter Program

(Ages 5-7, 8-14) (Recurring)

FEE: \$10 per clinic

This program is designed for beginners interested in starting Junior Tennis instruction on Saturday mornings.

Contact: (772) 871-7670

Saturdays**(ages 5-7) 10:15-11 a.m.****(ages 8-14) 9-10:15 a.m.****Tennis All Stars**

(Ages 6-12) (Recurring)

FEE: \$58

This class teaches fundamental stroke production and basic tennis skills for young developing players. Instruction includes stroke technique and drill work in a fun "game" type environment.

Tuesdays & Thursdays**5-6 p.m.****Tennis Tournament Stars**

(Ages 10-18) (Recurring)

FEE: \$58

For juniors interested in playing at a competitive level and desiring sectional, state and national rankings. Players will be introduced to fitness training, nutrition, mental toughness and tournament schedule planning for success at the high school level and beyond.

Mondays and Wednesdays**6-7 p.m.****Tennis Adult Starter Class**

(Ages 18+) (Recurring)

Tuesdays**7-10 p.m.****Womens Instructional League**

(Ages 18+) (Recurring)

All women, all levels of play welcome.

Play after clinic.

Thursdays**9-10 a.m.****Mens Doubles**

(Ages 18+) (Recurring)

FEE: \$58**Tuesdays****7-10 p.m.****Whispering Pines Tennis Center**

CIVIC CENTER

9221 SE Civic Center Pl
Port St. Lucie, FL 34952
(772) 807-4488



The Civic Center hosts a wide variety of events, including:

- Theater Shows
- Dinner Shows
- Meetings
- Conferences
- Trainings
- Dinners
- Banquets
- Parties/Dances
- Weddings/Receptions
- Consumer Shows
- Trade Shows/Expos
- Sporting events
- Festivals

Hospitality

M-F 8 a.m. to 5 p.m.
Saturday & Sunday available
by appointment
Call for Holiday Hours of Operation

Quick Phone Guide

Main Number

(772) 807-4488

Humana Fitness & Wellness Center

(772) 204-7101

Hospitality

(772) 807-4488

Recreation & Tickets

(772) 807-4499

This 100,000 square foot facility is home to elegant event rental space, the Emerald Ballroom and Ruby Conference Hall, as well as outdoor Village Square and Stage.

Exclusive on-site catering service is provided by a leader in the hospitality industry. The Civic Center also offers the Humana Fitness and Wellness Center, full-court gymnasium, game room, four indoor racquetball courts, Art Gallery, and so much more! Please call to discuss event rental space and to obtain Recreation Membership details.

Hours of Operation

Recreation (including Humana Fitness & Wellness Center)

M-Th 6 a.m. to 9 p.m.

Friday 6 a.m. to 8 p.m.

Saturday & Sunday 7:30 a.m. to 6 p.m.



The beautifully appointed Emerald Ballroom, at 13,464 square feet, is the perfect site for grand theater-style shows, sporting events, expos and tradeshow, large wedding receptions, proms and more. Step outside onto the adjacent patio area, overlooking a tranquil pond, for an elegant evening cocktail reception or just a breath of fresh air.

Emerald Ballroom



Ruby Conference Hall

The extraordinary Ruby Conference Hall, at 5,790 square feet, is the ideal venue for a small to mid-sized corporate function, training or meeting and wedding receptions, dinners or parties. Featuring a circular brick driveway just outside, this space lends beautifully to the bride making her grand entrance from the limo into the reception.

Lobby and Art Gallery

Architectural beauty is the reason many brides have requested the use of the lobby for their wedding ceremony. Steps beyond, the Art Gallery transforms into a majestic setting for a cocktail reception and leads directly into the Emerald Ballroom for the magnificent catered banquet. Larger tradeshows appreciate the versatility of the event flowing through these areas into Ruby Conference Hall, ultimately creating almost 25,000 square feet of display space.

The Art Gallery is redesigned every eight weeks to present different displays by local artists. An Artist Reception, as well as the Art Gallery most weekdays, is open to the public and marks the unveiling of each new exhibit.

Village Square and Stage

This area, just in front of the Civic Center, hosts many City special event festivals, such as St. Patrick's Day, Freedomfest, Oktoberfest and Festival of Lights. Many groups and organizations rent this area for their own festivals, concerts, picnics, car shows, wedding ceremonies, and home base for walks and runs.



Other Amenities

Your guests are sure to appreciate the convenience of free parking in our adjacent 800-space parking garage.

We also offer rental equipment for every aspect of your event, from audio/visual needs, dance floor, stage, pipe and drape, and valet parking. Every client is assigned an Event Specialist as a guide to perfect all of the details of your next event. We will work directly with any florist, cake baker, decorator, DJ or band that you may choose.

We can customize our spaces and services to meet the needs of most any event as our exclusive on-site catering service maximizes your budget with your event design.

For more information on available space, room rates, facility amenities or for a tour, please call (772) 807-4488 and ask to schedule a tour with an Event Specialist.

Naming Rights

The City is seeking interested organizations or individuals who would like to contribute to the development of the facility. Many universities and medical centers use similar programs to generate much needed revenue to fund vital capital projects.

The rooms and areas, listed below, at the Center are available for naming on behalf of an individual or organization. Multi-year pledge payments or a one-time payment are welcome.

Village Square 52,000 sq. ft. Lobby 6,000 sq. ft.
Front Plaza 35,000 sq. ft. Ruby Conference Hall 5,800 sq. ft.
Emerald Ballroom 14,000 sq. ft Art Gallery 2,000 sq. ft.

Benefactor Program

This program is designed for people who want to contribute to the Center with a one-time donation in honor or remembrance of an individual or organization. The donor's name(s) will be listed on a prominent display in the lobby of the Center.

Platinum \$5,000 and up
Gold \$1,000 - 4,999
Silver \$500 - 999
Bronze \$100 - 499

Support the Civic Center

The Naming Rights and Benefactor Programs are essential to sustaining and advancing the Port St Lucie Civic Center. These programs will serve as a resource for funding the various needs at the Center that will not be funded by tax dollars, and will play an indispensable role in the development of this major community asset for generations to come. For more details regarding these exciting opportunities, contact Dianne White at DianneW@cityofpsl.com.



Sept. 11 Monument

On Tuesday, Sept 11, 2012, the City unveiled the much anticipated Sept. 11 Monument. The Sept. 11 Memorial Plaza was created as a result of the tireless efforts of volunteers, donors and a community that will never forget the tragic events of Sept. 11, 2001. The Monument serves as a reminder of the lives lost that day and the locations of the attacks. The monument combines the contrasting elements of scarred steel from the World Trade Center and calming waters. The Support structures for the World Trade Center artifact are representations of the original World Trade Center trident detail, which covered the lower stories of the buildings. The orientation of the steel is towards Manhattan, and the Pentagon is in the same north-south position as it stands in Washington, D.C. The names of the departed are held within the fountain pool and form a pentagon shape that angles up towards the center of the monument. The intent is for the water to spill down the face of the stone. The monument fountain is encircled with a green coping stone in tribute to those lost in the crash of Flight 93 in a field in Pennsylvania. A centerpiece of the Monument is a steel beam which was once part of the World Trade Center. This artifact was donated to the City by the Port Authority of New York & New Jersey and was delivered to the site by 911 First Responders of the Treasure Coast and an escort of first responders.

Events

Casey N Spaz Comedy

Location: Ruby Hall
 Contact: (772) 807-4499
 At the Door Tickets: \$15
 In Advance Tickets:
 \$12 General Admission
 \$15 "Up Front Seating"

Every 1st and 3rd Saturday
8:30 p.m.

*Except for date conflicts

Live stand-up comedy at its finest! National acts you would expect to pay much more to see, right here in Port St. Lucie! Visit www.cityofpsl.com/civic for featured comedians. Humor caters to adult audiences only, ages 17 and under will not be admitted. Doors open and cocktails and snacks are available for purchase at 7:30 p.m.

Golden Oldies Thursdays

Location: Emerald Ballroom
 Contact: (772) 807-4499
 At the Door Tickets: \$7
 In Advance Tickets:
 \$6 General Admission

Last Thursday of every month
7-10 p.m.

*Except for date conflicts

Live music by "Solid Gold Dance Band"
 Hit the dance floor or just sit back and remember the good old days with the classic rock tunes from the '60s, '70's and '80s by one of the greatest local dance bands. Doors open and cocktails and snacks available for purchase at 6:30 p.m.

Art Gallery Unveilings

March 31
 May 26
 July 21
 Sept. 14

6- 8 p.m.

FEE: FREE

Exhibitions are held approximately every eight weeks offering local and regional artists a venue to display their artwork. Each exhibit opens with an evening reception featuring light music, fare and beverage along with insight into the thoughts of an artist. Exhibition applications are accepted on an ongoing basis at the Civic Center or online at www.cityofpsl.com/civic.



FOR ALL CIVIC CENTER EVENTS

For more information on all Civic Center events, please visit www.cityofpsl.com/civic or call (772) 807-4488. The direct line for ticket purchases is (772) 807-4499. Tickets for any event may be purchased at the Civic Center, which is located at 9221 S.E. Civic Center Place, on the southeast corner of U.S. 1 and Walton Road. Tickets purchased over the phone will be held at the Civic Center for pick up at any time before the event begins. Advance ticket pricing ends at 5 p.m. on the day of any event. Advertised pricing above subject to change for special events.

Civic Center Birthdays

(Age 2+)

Contact: (772) 807-4499

DATE: Sundays, 11 a.m.-1 p.m. or 2-4 p.m.* \$50 for each additional hour over 2 hours

FEE: \$150 (without pizza) and \$185 (with 7 large cheese pizzas)

NOTE: Up to 40 people ; \$5.00 for each additional participant. **Only Sundays available**

Celebrate your special day at the beautiful Port St. Lucie Civic Center! Birthday packages include: 2 hour room rental; room set up/break down; up to 30 minutes of games run by our recreation staff, and a cooler filled with ice. Parties are scheduled on Sundays. Please call ahead for date and time availability. Parties are booked one month in advance. For this package gymnasium, game room, or multipurpose room may be utilized. Time and space is limited – so book your party today!

Gaming Tournament

Location: Game Room

DATE: TBA

For More Info:

cnewhart@cityofpsl.com

Do you think you have what it takes?! The Civic Center will be hosting 1-2 Gaming Tournaments a month. Games will vary so keep your eyes out for more information about tournaments on the city's Facebook page. ALL tournaments will have prizes and are sponsored by Play N' Trade.



Annual Talent Show 2016 (All Ages)

Location: Civic Center

Contact: Jaclynn Gazdacko (772) 807-4499

NOTE: Registration & audition required for acts.

DATE: Friday, May 6, 2016

Got talent? Well, here is your time to shine! We are hosting the 6th Annual Talent Show! So if you think you have what it takes, come in and register today for your chance to showcase your talent...and be in the running for great prizes!



2016 NPC Treasure Coast Classic Body Building & Bikini Championship

Contact: Frank Nappi (772) 204-7101 or fnappi@cityofpsl.com

DATE: Saturday, August 27th

Pre-Judging in the morning and performance in the Evening
Participate and join the NPC sanctioned event or watch this exciting program. Tickets will be available in July!

Tot Programs



Toddler Drop off (Ages 2-4)

Location: Tot Room

Instructor: Jennifer Romberger

Contact: (772) 807-4499

**FEE: \$75 Monthly
\$10 Drop in**

**Tuesdays & Thursdays
9:00 a.m. - 12:00 p.m.
May-September**

Twice a week take care of your errands while your little one is having fun! May through September, "Tot Drop" is a wonderful way for parents to get everyday tasks complete without worrying about their children. Let us entertain and educate your child in a fun and safe, structured environment. Children will participate in fun crafts, fitness time, story time, and free time with other friends! Toddlers must be potty trained. Registration for the 2016-2017 session will begin August 1st

Follow the link for a preview:

www.youtube.com/watch?v=5OtR9YkETfA

Pretty Princess Tea Party (Ages 1+)

Location: Civic Center

Instructor: Recreation Staff, (772) 807-4499

FEE: \$3 per child/ \$1 per Adult

NOTE: Early registration is required.

Call (772) 807-4499 to register.

**Every 1st Wednesday
10:00-11:30 a.m.**

Dates:

April 6

May 4

June 1

July 6

Aug. 3

Sept. 7

Dress up in your prettiest princess attire and join us for a great time hosted by a real PRINCESS from "Princess Enchantment". Our Princess Party will include crafts, snacks, and a dress up trunk, story time or sing-a-longs will be offered, time permitting. Parents are welcome and encouraged to participate. You don't want to miss out on this fun event for your little princess and you!

Follow the link for a preview: www.youtube.com/watch?v=RxZol8SOI4c

Classroom Playgroup

(Ages 2-4)

Location: Tot Room

Instructor: Jennifer Romberger

Contact: (772) 807-4499

**FEE: \$20 monthly/ \$5 Drop-in
Mondays
9:30 - 10:30 a.m.
May-September**

Children ages 2-4 can experience the structure of a classroom setting in a fun playful way. This program is great for a

"First School" experience, for those who home school, have special needs, or have never been in a classroom before. Parents/guardians attend with their child and help them through social interactions with friends. Our talented instructors will host a story time, sit down table activity, and a group snack. Children will participate in holiday crafts, fitness time, story time, and play with other friends! This group is open to all needs and abilities and is backed by the Easter Seals Early Steps Program of the Treasure Coast. Your child may be eligible for funding towards participation in this program. Call the instructor for details.

Special Interest Programs

Judo Academy (Ages 5-13)

(Recurring)

Location: Multipurpose Room A

Instructor: Becky Genereux

**FEE: \$50 Monthly
Mondays and Wednesdays
6:15 - 7:15 p.m.**

Participants will increase physical fitness, self-confidence, agility, conditioning and much more in a fun and safe environment. Classes are instructed by 6th Degree Black Belt and former National Team Member Becky Genereux.

Kung-Fu/Kung Fu Kids

(Recurring)

Location: Game Room

Instructor: John Izzo, (772) 579-0903

FEE: \$29 Monthly/Drop in \$9

**Ages 3-6: Wednesdays
6- 6:30 p.m.**

**Ages 7-10: Wednesdays
6:30- 7:15 p.m.**

**Adult: Wednesdays
7:15- 8:00 p.m.**

Chinese Martial Arts

Learn the art of the Tiger, Dragon and Crane from Master John Izzo. Classes are for men and women. Classes will not meet on holidays

Tai Chi (Ages 15+) (Recurring)

Location: Tot Room

Instructor: John Izzo, (772) 579-0903

FEE: \$29 Monthly/Drop in \$9

**Tuesdays
6:30 - 7:20 p.m.**

NOTE: Class will not meet on holidays

Looking to improve your flexibility and gradually build muscle strength? The beautiful mesmerizing art of Tai Chi will take your joints through their range of motion while emphasizing breathing and inner stillness relieving both stress and anxiety. Sensei Izzo has more than 40 years' of experience and is excited to introduce you to this very low-impact, relaxing and health promoting form of exercise. All ages can learn and no previous experience or special equipment is needed.

Advanced Karate (Ages 8+) (Recurring)

Location: Multipurpose Room A

Instructor: Connie Malone

Contact: (772) 485-8905

Website: akdwa.com

FEE: \$37.75

Late FEE: \$6 added to fee

**Tuesdays and Thursdays
6:30 - 7:30 p.m.**

Beginner Karate (Ages 8+) (Recurring)

Location: Multipurpose Room A

Instructor: Connie Malone

Contact: (772) 485-8905

Website: akdwa.com

FEE: \$37.75

Late FEE: \$6 added to fee

**Tuesdays and Thursdays
5:30 - 6:30 p.m.**

Classes will be offered in the art of Tae Kwon Do, which is a style of Karate taught by the American Kang Duk Won Association, and is a mental and physical discipline art utilizing the mind and the body as a single unit. This is a traditional-style, self-defense art with practical moves for today's world and is an on-going, year-round program with classes meeting twice a week. Those interested must register before the 7th of the month. Both beginner and Advanced Classes.

Dance Programs



M&M Sweeties (Ages 4+) (Recurring)

Location: Gymnasium Side B

Instructor: Missie Liss, (772) 370-7787

www.mnmsweeties.net

FEE: \$31.50 Monthly/Drop in \$9

Wednesdays 6 - 7 p.m.

Baton twirling is an art and a sport which is fun, exciting and easy to learn. Baton twirling will give your child an opportunity to march in parades, learn how to twirl, model, win awards, and, most important of all, develop self-confidence, coordination and good sportsmanship. So, if you think this is something your child would enjoy, come join Missie and friends at the Port St. Lucie Civic Center. There will be extra costs for registration, baton, uniforms, and insurance. This class is on-going May through September.

Tutus & Taps (Ages 3-6) (Recurring)

Online Activity Code:

Thursday: 500013/Saturday: 500014

Location: Multipurpose Room B

Instructor: Jaclynn Gazdacko,
(772) 807-4499

FEE: \$25/ Monthly

**Thursdays 3:40 - 4:10 p.m.
Saturdays 9 - 9:30 a.m.**

This creative dance class is for preschoolers ages 3-4 years old. We will be floating with butterfly wings and playing the beautiful Sleeping Beauty while mixing proper ballet and tap techniques. Don't miss out on a perfect opportunity for your child to learn coordination and new dance techniques. Tutus and taps and dance combo attire - leotard/tights/ tutus and/ or skirts if they want. Any color is fine.



Movin' & Groovin (Ages 7-10) (Recurring)

Online Activity Code: 500016
Location: Multipurpose Room B
Instructor: Jaclynn Gazdacko,
(772) 807-4499

FEE: \$30

Saturdays
9:35 - 10:35 a.m.

This new class is for dance beginners to learn the basic elements of jazz dance and explore today's popular dance styles including some hip hop. Develop rhythm, poise, balance and confidence. Attire: jazz shoes, jazz pants, tank top, or fitted tee of any color.

Dance Combo (Ages 6-10) (Recurring)

Online Activity Code:
Thursday 500017/ Saturday 500019
Location: Multipurpose Room B
Instructor: Jaclynn Gazdacko,
(772) 807-4499

FEE: \$30

Thursdays
4:15 - 5:10 p.m.
Saturdays
10:40 - 11:40 a.m.

Tap Ballet Combo Class is for older dancers and is an introductory tap and ballet class for your child to learn basic steps of both styles of dance.

Special Needs Programs

Special Needs Dances (Ages 15+)

Location: The Lobby
Instructor: Erin Murphy,
(772) 807-4469

Registration Recommended

FEE: \$7 (Before)
\$9 (On the Day)

DATE: TBA
Time: 6-8 p.m.

Special Recreation participants, family and friends are invited to spend an evening of fun. Music, dancing, munchies and long lasting memories included. For more information, call Erin Murphy (772) 807-4469.



Special Needs Fitness

(Ages 18+)
Location: Gymnasium Side A&B
Instructor: Erin Murphy,
(772) 807-4499

FEE: \$2

Wednesdays
10 - 11:45 a.m.
April 13, May 11, June 8

Participants with special needs are encouraged to join us for two hours of fun and fitness! This program will include an exciting hour in the game room and one hour of physical activity in the gymnasium. Test your gaming skills with pool tournaments, Wii game (bowling, tennis and baseball), air hockey and more in the game room! Then move into our gymnasium for some real fun with activities that'll get you on your toes-play a game of basketball, strike someone out in baseball, make that winning soccer goal and more! Activities can be played at any level and adjusted for all to participate. Registration is required for participation in the program.



Senior Programs

Senior Mah Jongg

(Recurring)

Location: Art Gallery

FEE: FREE

**Wednesdays
11 a.m. - 1 p.m.**

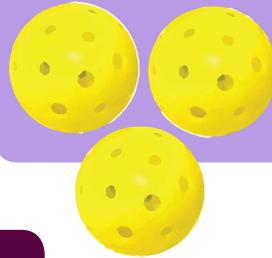
It's time to socialize and join our FREE weekly Mah jongg mixer. There will be no instruction given during this activity.

Pickleball (Recurring)

Location: Gymnasium

FEE: \$3

**Mondays, Wednesdays, Thursdays
8:30 a.m. - 1:30 p.m.**



This sport combines different rules of ping-pong, tennis, and badminton, using paddles similar to ping-pong. Played on a badminton-sized net court with tennis-like rules and a perforated plastic baseball with holes, this game can be played on any hard surface. Got you interested? Are you ready to hear the 'POP' of the ball hitting the paddle? Some dates are not available due to private rentals and will be posted at facility.

Sports Programs

Men's Basketball League (Ages 25+)

Location: Gymnasium Side A&B

Coordinator: RaShad Thomas,
(772) 807-4495

FEE: \$3

All games will be played Mondays and Wednesdays

This league is designed for basketball players 25 years old and over who are looking for competition and fun. The league will consist of a 10-game regular season and playoffs. Each team must designate a captain, have a minimum of five players and a maximum of 10, matching numbered jerseys/t-shirts and pay a registration fee per player. Don't have a team? Call us, we can help. All games will be played Monday and Wednesday nights at the Civic Center.

Indoor Racquetball

FEE: \$20 pass (10 visits)

We have four beautiful, air conditioned indoor racquetball courts! If you enjoy racquetball, you can inquire about our Racquetball Pass, this pass allows exclusive use of the racquetball courts and is only \$20 for 10 visits!

Powerlifting Team (Ages 13+) (Recurring)

FEE: \$35 Monthly

Location: Humana Fitness and Wellness Center

Contact: Matt Levine, (772) 204-7101

The Humana Fitness and Wellness Center has welcomed a new sport into our facility. Participants will meet four times a week to strengthen and build muscle. Come and join our team of trained staff that will help spot and inform you of proper technique to prevent future injuries while lifting. Powerlifting room includes equipment and accessories that are available for participants. Guidance in nutrition and supplementation will be provided upon request. We currently have both males and females, ages 15 to 65 years old, enrolled in this sport.

Powerlifting Competition

Location: Gymnasium

DATE: TBD

For times call (772) 204-7101.

The Humana Fitness and Wellness Center and RAW United have teamed up to bring world powerlifting events right here to Port St. Lucie. Watch local, national, and international lifters go head to head to find out who is the strongest of the strong. Male and female athletes from 15 different age groups and 22 weight classes will be competing to find the best lifter.

Humana[®]

FITNESS AND WELLNESS CENTER

The Humana Fitness and Wellness Center is designed to entice anyone interested in living a healthier lifestyle, from the novice to the seasoned fitness aficionado. For more information on any aspect of this unparalleled Fitness and Wellness Center, please contact us at (772) 204-7101

The Humana Fitness and Wellness Center accepts Silver Sneakers!

PERSONAL TRAINING IS ALSO AVAILABLE.

The Humana Fitness and Wellness Center's experienced staff of trainers are available for personal one-on-one sessions at competitive rates. Whether you're just getting started or want to get to the next level of fitness, you're sure to find one who can help you on your path to living a healthy and fit life. Call (772) 204-7101 for more information and to schedule your personal training appointment.

FITNESS CLASSES

These classes are offered free to Recreation Members only. Non-members must purchase a daily pass.

*This schedule is subject to change.

Cycling

Cycling is an aerobic exercise that takes place on a specially-designed stationary bike. As you pedal, motivating music plays and you are taken through a visualization of an outdoor cycle workout. Cycling burns serious calories, and this intense class is sure to get your heart pumping.

Mondays, Wednesdays	Tuesdays, Thursdays	Saturdays	Sundays
5:30 - 6:20 p.m.	6:30- 7:20 p.m.	10:15- 11:05 a.m.	11- 11:50 a.m.

Strength and Balance

This is a total body workout; exercise sessions for real life. Frequently changing the variety of exercises and hand-held equipment improves not only strength and balance, but flexibility and coordination. Each exercise adds to the effectiveness of other body movements.

Tuesdays and Thursdays
8:10- 9 a.m.

Body Sculpt

Take your workout to the next level. This class is designed to strengthen and sculpt every major muscle group utilizing hand weights and/or barbells and other equipment.

Tuesdays and Thursdays
5:30- 6:20 p.m.

Boot Camp

This fast-paced, high-intensity workout will incorporate muscle toning and weight-lifting exercises through explosive fat-burning cardio movements. Also included are various exercises for each muscle group utilizing different equipment. Some classes may meet outside.

Mondays 6:30- 7:20 p.m.
Saturdays 9- 9:50 a.m.

Humana®

Sponsored and Supported

Senior Fitness

Sponsored by Humana, this class is designed to increase muscular strength, range of motion, coordination, agility, and balance to improve participant's daily living. Music is used to enhance the format and create an upbeat and positive experience. This class is primarily for seniors, but it is also a great class for anyone just starting out.

Mondays & Wednesdays

11- 11:50a.m.

Mondays 12- 12:50 a.m.

Fridays 10 - 10:50 a.m.

Zumba/Zumba Choreo

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Tuesdays 10- 10:40 a.m.

11:10 a.m.-12 p.m.

Wednesdays 12-12:50 p.m.

Fridays 12- 12:50 p.m.

6- 6:50 p.m.

Mondays 6:30-7:20 p.m.

Butts & Guts

A blast for your lower half and core, this 50-minute conditioning class uses weights, body resistance and mat work to tone and shape your hips, thighs, butt and abs. Great for every fitness level.

Wednesdays 6:30- 7:20 p.m.

Sundays 11- 11:50 a.m.

Zumba Gold

No jumping is required in Zumba Gold, which is lower impact for seniors.

Mondays & Thursdays

10- 10:50 a.m.

Functional Training

Improve overall strength, coordination, range of motion and flexibility. Each exercise increases the body's ability to move efficiently as an integrated unit; this enhanced functioning will reduce injuries and improve performance. Functional training significantly increases core stabilization, which gives us better control of our bodies through different planes and movements.

Mondays, Wednesdays,

Fridays

9 - 9:50 a.m.

Tuesdays

9:10 - 10 a.m.

Gentle Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

Wednesdays 10- 10:50 a.m.

Fridays 11- 11:50 a.m.



Chair Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere all while sitting in a chair.

Mondays 1- 1:50 p.m.

Wednesdays 9- 9:50 a.m.

Fridays 12- 12:50 p.m.

Yoga

Tuesdays & Thursdays

5:30- 6:45 p.m.

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere all while sitting in a chair.

Relaxation Yoga

Focus, breathe, become centered, relieve stress and tension while you practice skills for coping with everyday stress.

Thursdays 10- 10:50 a.m.

Slow Flow Vinyasa Yoga

A slower paced class, focused on safe alignment principles. Experience the joy of matching breath to motion while building strength and fluidity in your body. Perfect for prenatal, new students or seasoned students.

Mondays

10 - 10:50 a.m.

Warrior Blast

A boot camp style class that includes body weight exercise, Tabata training, high intensity interval training, and suspension training, performed in a controlled environment with various pieces of equipment. This class will help you develop core, strength flexibility and overall endurance.

Wednesdays & Fridays
6- 6:45 a.m.

Fit Ball

A full body workout with a fit ball, for all fitness levels.

Thursdays 9- 9:50 a.m.

Core & More

Main focus on strengthening the core muscles, abdominals, glutes and thighs and will include some fat burning cardio!

Thursdays 11- 11:50 a.m.

Cardio Resistance Training

This class alternates intervals of beginner choreographed cardio with strength training exercises for a full body workout that will keep you coming back for more.

Mondays 6- 6:50 a.m.

We now have two fitness locations that you can enjoy, the Humana Fitness & Wellness Center at the Civic Center and the Community Fitness & Wellness Center at the Community Center. Members can enjoy both locations and the above and below fitness classes are free with their membership! Personal training packages available at both locations for a low rate.

Both locations accept Silver Sneakers!

THE SAINTS GOLF COURSE

2601 S.E. Morningside Blvd., (772) 398-2901 | www.cityofpsl.com/golf

Located in a tranquil residential neighborhood, the Saints Golf Course consists of an exceptional 18-hole championship course, driving range and practice area. The Saints' large, 11,000 sq.ft., clubhouse is complete with a fully-stocked pro shop, a restaurant/pub and a rentable banquet room perfect for all types of occasions.

The mission of the Saints Golf Course is to provide a quality, competitively priced, and self-sustaining golf facility for players of all abilities. Along with exceptional customer service, our full service clubhouse, practice facilities, and golf course are designed to and will continually offer the "best value" in municipal golf.

Gallery Club membership information

Annual (12 months from registration date) City Residents **\$75** Non-resident **\$90**

Summer (May 1- October 31) City Residents **\$40** Non-resident **\$45**

Member Benefits

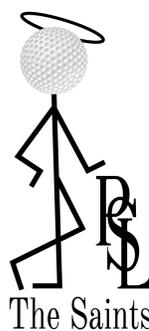
- Reduced greens fees
- Up to seven-day advanced booking
- 10 percent discount on food at on-site restaurant
- 10 percent discount on all in-stock pro shop merchandise (excluding golf balls)
- Discounts on range balls

Lessons

Mel Bryant, PGA Professional

Learn to putt, chip, short game fundamentals, long irons and driving.

Call the Saints Pro Shop at (772) 398-2901 and ask about upcoming Adult and Junior Clinics.



Pro Tips

Take advantage of the "live edition" of our monthly "Pro's Tips" video segments. David O'Kelly will be on the range helping you with your swing for FREE. The "live edition" is held every Thursday from 10 - 11 a.m. Participants should purchase range balls in the pro shop.

Driving Range

Practice makes perfect. Enjoy our full service driving range with target greens, short game area, practice bunker and oversized putting green. Best range prices in town.

Large bucket \$6, 60 balls

Small bucket \$4, 30 balls

Don't forget to take advantage of our range card program. For a \$48 range card, receive 10 large buckets. That's a 20% savings! Range closes early at 4 p.m. each Wednesday for maintenance (time may vary according to season)

Pro Shop

The beautiful Saints pro shop is fully stocked with merchandise from many top brands and manufacturers in the golf industry.

- Shirts by Antigua
- Hats by American Needle, Titleist, Dorfman Pacific
- Shoes/Gloves by Footjoy
- Golf Balls by Titleist
- Golf Bags, Headcovers, Towels with your favorite NFL, MLB, and College Teams logo

- Outerwear by The Weather Co.
- Specialty items.....Umbrellas, mugs, coasters, hat clips, custom ball markers, and more

We invite you to stop by the pro shop and see our beautiful selection. You may also want to purchase a Gift Certificate, the perfect choice for the golfer in your life.

Upcoming Events

The Port St. Lucie City Championship (The Algire)

Saturday October 22nd, 2016 Round 1

Sunday October 23rd, 2016 Round 2

Contact David O'Kelly by calling (772) 398-2901 for more details.

Leagues SWGA

The Saints Women's Golf Association plays every Monday morning.

Contact Carole Jacobsen, (772) 359-1037

MEN'S LEAGUE

The Saints Men's League plays every Wednesday with tee times starting around 11 a.m. Players of all abilities welcome. Participants will be asked to establish a handicap through our GHIN system. The league is active year round and may be joined at any time.

Contact Ray Rash, (772) 398-2901

Spring & Summer Leagues

The Saints would like to play host to your spring & summer golf league. Enjoy beautiful evenings with friends and golf. After the round, experience our full service restaurant and bar while relaxing on the patio.

Contact David O'Kelly, (772) 398-2901

Junior Golf

Junior golfers, ages seven to 17, can play for just \$5 after 12 noon, when playing with a paid adult, age 18 or older. Unaccompanied juniors may walk after 1 p.m. for \$5.

Juniors Practice Free

Juniors are encouraged and welcome to practice for free at the Saints. Complimentary tokens for the driving range are available in the pro shop. (Restrictions apply)

The First Tee of the Treasure Coast

The Saints is proud to be a host course for The First Tee of the Treasure Coast. Junior instruction with the First Tee teaches life skills, nine core values, and nine healthy habits as well as golf fundamentals. The First Tee has ongoing sessions throughout the year. To learn more about The First Tee program and for more information on how to sign up visit www.thefirstteetreasurecoast.org

Sponsorships

Showcase your community business with a beautiful "Tee Sign" sponsorship
\$1,000 for 12 months

Receive FREE golf valued at more than \$900

Contact: Curtis Wichern (772) 398-2901

Restaurant and Banquet Facilities

The 19th Hole & Sandpiper Room banquet hall are available for golfers and non-golfers alike. "On-the-go" service is offered, bunker baskets (ready on the turn if placed after play is finished on the 8th hole), and a concession cart.

19th HOLE HOURS OF OPERATION

Monday, Tuesday, Thursday

10 a.m. - 8 p.m.

Wednesday

10 a.m. - 9 p.m.

Friday, Saturday, Sunday

10 a.m. - 10 p.m.

Call (772) 337-0180 or visit www.cityofpsl.com/golf for more information about evening entertainment, daily specials, meal times or how to reserve the Sandpiper Bay Banquet Room for your next meeting or special event. Banquet room has a seating capacity of 152 people.

Port St Lucie Botanical Gardens

**2410 S.E. Westmoreland Blvd
Port St Lucie, FL 34984**

(772) 337-1959

www.pslbotanicalgardens.org

Hours:

Wednesday-Saturday 10 a.m. - 4 p.m.

Sunday 12 - 4 p.m.

Admission Donation: \$5
Children under 12 are always free

We encourage all tours and groups to contact us prior to arrival so that we can fully accommodate your visit. Situated on nearly 20 acres of old Florida flora and fauna is a retreat far removed from the bustle of the city. Cool, quiet and serene.

The Botanical Gardens is the perfect backdrop for a leisurely stroll or an active tour. Operated by the Friends of the Port St. Lucie Botanical Gardens, a not-for-profit organization, members of the Friends are committed to the growth and development of the PSL Botanical Gardens as an educational and recreational destination in Port St. Lucie for all residents and visitors.

The Gardens offer many free public events, such as plant sales, lectures, art shows, and concerts, on a regular basis. Both the pavilion and Gardens are ideal venues for private celebrations such as weddings and parties. Join the Ft. Pierce Jazz and Blues Society concerts every other Wednesday evening or bring the kiddies to one of our monthly Saturday morning Junior Gardener programs. Our summer series boutique plant sales are a community favorite as is our annual Botanical Garden Fest and Plant Sale.

Become a member of the Friends and enjoy exclusive events and celebrations as well as discounts in our Gift Shop. Volunteer opportunities are available both inside the Nature Center as well as outside in the Gardens. Please call us to become a valuable volunteer for your City!

Check out all of the events and happenings at the Port St. Lucie Botanical Gardens by going to www.pslbotanicalgardens.org



Athletic Leagues

Adult Softball Leagues (Operated by Parks & Recreation Department)

League	Ages	Season(s)	Registration Months	Park	Contact Information
Men's Slow Pitch Softball	18 & over	May - Aug. Sept - Dec	April August	Sandhill Crane Park	Minsky Gym (772) 344-4142 troberts@cityofpsl.com
Coed Slow Pitch Softball	18 & over	May - Aug. Sept - Dec	April December	Sandhill Crane and Lyngate	Minsky Gym (772) 344-4142 troberts@cityofpsl.com
Women's Slow Pitch Softball	18 & over	May - Aug. Sept - Dec	April December	Sandhill Crane Park	Minsky Gym (772) 344-4142 troberts@cityofpsl.com

Senior Softball Leagues (Operated by Parks & Recreation Department)

League	Ages	Season(s)	Registration Months	Park	Contact Information
50+ Slow Pitch Softball	50 and over	Sept. to Dec. Jan. to May	August December	Sandhill Crane Park	Bill Linn (772) 834-5048 Bossman676@bellsouth.net
60+ Slow Pitch Softball	60 and over	Sept. to Dec. Jan. to May.	August December	Lyngate Park	Lee Willard (519) 281-0987 containman@aol.com

**YOUTH
BASEBALL/SOFTBALL ATHLETIC LEAGUES**

League	Ages	Season(s)	Park	Contact Information
T-ball	4 & 5	Jan - Jul Sep - Nov	Lyngate Park	American Little League (772) 335-0510 www.eteamz.com/pslamll
C-League	6-8	Jan - Jul Sep - Nov	Lyngate Park	American Little League (772) 335-0510 www.eteamz.com/pslamll
B-League	9-12	Jan - Jul Sep - Nov	Lyngate Park	American Little League (772) 335-0510 www.eteamz.com/pslamll
A-League	9-12	Jan - Jul Sep - Nov	Lyngate Park	American Little League (772) 335-0510 www.eteamz.com/pslamll
50-70	12 & 13	Jan - Jul Sep - Nov	Jessica Clinton	American Little League (772) 335-0510 www.eteamz.com/pslamll
Senior League	13 & 16	Jan - Jul Sep - Nov	Jessica Clinton	American Little League (772) 335-0510 www.eteamz.com/pslamll
Girls Junior Softball	12-16	Jan - Jul Sep - Nov	Jessica Clinton	American Little League (772) 335-0510 www.eteamz.com/pslamll
T-ball	4 & 5	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
C-League	6-8	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll

League	Ages	Season(s)	Park	Contact Information
B-League	9-12	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
A-League	9-12	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
Junior League	13-14	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
Girls C-League	7-9	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
Girls A-League	9-12	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
Girls Junior League	12-16	Jan - Jul Sep - Nov	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
T-ball	4 & 5	Jan - Jul Sep - Nov	Sportsman's Park	National Little League (772) 340-2465 www.eteamz.com/pslnationalll
C-League	6-8	Jan - Jul Sep - Nov	Sportsman's Park	National Little League (772) 340-2465 www.eteamz.com/pslnationalll
B-League	9-12	Jan - Jul Sep - Nov	Sportsman's Park	National Little League (772) 340-2465 www.eteamz.com/pslnationalll
A-League	9-12	Jan - Jul Sep - Nov	Sportsman's Park	National Little League (772) 340-2465 www.eteamz.com/pslnationalll

Youth Football/Cheerleading Leagues (Recognized User Leagues comprised of volunteers)

League	Ages	Season(s)	Registration Date	Park	Contact Information
Flag Football & Cheerleading	4 - 7	Jan - April Jul - Sept.	Contact league for dates Early registration starts March 2016	Sportsman's Park West	Port St. Lucie Athletic Association (772) 340-7775 or (772) 878-0771 www.pslaa.com
Lower Tackle through Upper Tackle	7 - 15	Jan - April Jul - Sept.	Contact league for dates Early registration starts March 2016	Sportsman's Park West	Port St. Lucie Athletic Association (772) 340-7775 or (772) 878-0771 www.pslaa.com

League	Ages	Season(s)	Registration Date	Park	Contact Information
Tiny Mite Through Unlimited	5 - 14	Late July- Dec	April 2016 May 2016	Whispering Pines Park	Greater PSL Football & Cheerleading (Pop Warner) (772) 370-1082 www.eteamz.com/ pslpirates

Youth Soccer Leagues (Recognized User Leagues comprised of volunteers)

League	Ages	Season(s)	Registration Date	Park	Contact Information
U-4 & U-6 Through High School	4 - 18	March - May	Contact league	Swan Park	Port St. Lucie Soccer Club (772) 249-5131 president@juventusofpsl.com or registrar@juventusofpsl.com
Competition U-10-18	10 - 18	March - May	Contact league	Swan Park	Port St. Lucie Soccer Club (772) 249-5131 president@juventusofpsl.com or registrar@juventusofpsl.com

League	Ages	Season(s)	Registration Date	Park	Contact Information
U-4 Through U-16	4 - 16	March - May	Contact league	McChesney Park	Mako Soccer Club (772) 873-6256 info@makosoccer.com

The Parks & Recreation Department is proud of its beautiful and extensive park system, which is comprised of more than 40 parks and recreational facilities, all of which offer a wide variety of leisure activities for the community and visitors alike. Within the Community Parks, Preserves and Neighborhood Parks, there is a diverse palette of leisure opportunities available for residents. The Parks system includes:

Community Parks
Neighborhood Parks
Preserves
Botanical Garden



Court Passes (Sportsman's Park)

Come play basketball under the lights at our two basketball courts at Sportsman's Park. Be sure to get your FREE court pass which will enable you to enjoy this great sport at Sportsman's Park! From 3:30 to 9 p.m., seven days a week, all basketball players at Sportsman's must show their court pass to the on-site attendant. You can obtain your FREE court pass at the Civic Center, Community Center and Minsky Gym. Be sure to bring your photo ID in order to register for the court pass. Minors must have parental authorization to obtain a court pass.



Park Pavilion Rentals (3 hour minimum rental)

Each additional hour of service is \$10.42

Group Pavilions (\$20.28)

Charles Ray Park
Jaycee Park
Jessica Clinton Park
Lyngate Park (2)
McChesney Park
Oak Hammock Park
River Place Park
Rotary Park
Sandhill Crane Park
Sportsman's Park
Sportsman's Park West
Turtle Run Park
Veterans Park at Rivergate
Whispering Pines Park

Multipurpose Pavilion (\$33.99)

Charles Ray Park

Family Pavilions (\$11.36)

Charles Ray Park
Fred Cook Park
Girl Scout Friendship Park
River Place Park
Kiwanis Park
Elks Lodge Friendship Park
Veterans Park at Rivergate
Whispering Park Pines



A message to Citizens from our Parks Police Officers

- Abide by speed limits in areas surrounding schools, not only in School Zone areas
- Refrain from distractions in early morning and afternoon hours while children may be present on the streets and sidewalks. Keep both eyes on the road!
- Never speed by children; reduce speeds below the speed limit to decrease chances of an accident.
- If you see children walking in the road, kindly remind them of the dangers and encourage them to walk on the sidewalk or in the grass

C-24 CANAL PARK 500 S.E. Oakridge Drive

With its Grand Opening held on March 2, 2015, C-24 Canal Park became the City's second boat launch facility (the first being Veterans at Rivergate) that offers ocean access. The boat ramp offers four ramp lanes that allow boaters access to the water of the C-24 Canal and to the North Fork of the St. Lucie River. Two queuing docks allow boaters to safely secure their vessels while parking or retrieving their vehicle and trailer. The park, open seven days a week, from 7 a.m. to sunset, offers restrooms and three pavilions that are available to the residents to enjoy a shaded waterfront area to picnic or wait while their party launches or retrieves their vessel.

The park provides paved and stabilized grass parking for 75 vehicles with trailers, in addition to 10 parking spaces for single vehicles. Handicapped accessible parking for both single vehicles and vehicles with trailers is also provided.

Whether you are launching your boat, enjoying a picnic in the shade, fishing along the canal bank, or need an area to walk your dog, C-24 Canal Park has it all! We hope to see you there soon!

Registration and General Information

Registration Refund Policies Satisfaction Guarantee Policy

If you aren't satisfied with a class or you are unable to participate for any reason, please contact us immediately. Our policy is to provide a 100% credit or refund to anyone who makes a written request before the start of the second class. Satisfaction guarantee does not apply to golf course greens fees, adult sports leagues, summer camps, one-time special events, rentals or trips. There are no refunds on class materials purchased.

Parents

Please do not ask to have your child put in a class in which he/she does not belong. All age requirements are set to benefit the children. In some instances, age requirements have been set for your child's safety. Thank you for your understanding.

Class Cancellations

On City holidays, many Parks & Recreation facilities will be closed and some classes are cancelled. Some classes are cancelled on school holidays. Please ask your instructor or call the appropriate facility if you have a question.

City of Port St Lucie

City Manager

Jeffrey Bremer

Assistant City Manager/Administrative Services/City Engineer

Patricia Roebeling

Assistant City Manager/Community Development Director

Daniel Holbrook

City Council

Mayor

Gregory J. Oravec

Vice Mayor

Linda Bartz

Councilwoman

Michelle Lee Berger

Councilwoman

Shannon M. Martin

Councilman

Ron Bowen

Registration Policy

Registration for many of our recreation activities may now be done online or at the Port St. Lucie Community Center, Minsky Gymnasium and the Port St. Lucie Civic Center. We are now offering the option of registering online for our ever-popular Junior Basketball League and Summer Camp programs! If we do not have enough participants registered in a class or program, we reserve the right to cancel or postpone it. All registered participants will be notified and given a complete refund if the program is cancelled. Once a program is full, registrations will be closed. To ensure your participation in a program, contact the appropriate facility in order to determine registration procedures. No phone registrations will be accepted. Pre-registration is suggested, as most of our classes are limited in size. We accept cash, money orders and checks made out to the City of Port St. Lucie. We also accept Visa, American Express, Discover and Master Card.

Disciplinary Actions

The City reserves the right to dismiss a patron from Parks & Recreation programs and facilities if it is determined to be in the best interest of the City. A police officer may be called to trespass a patron from City property. Each situation will be evaluated on its own merit.

Parks & Recreation Department

www.cityofpsl.com

2195 S.E. Airoso Blvd.

Port St. Lucie, FL 34984

(772) 878-2277

(772) 871-5290

Director

Sherman Conrad, CPRP

Assistant Director

Brad Keen, CPRP

Recreation Administrator

Jay Liss, CPRP

Building Maintenance Administrator

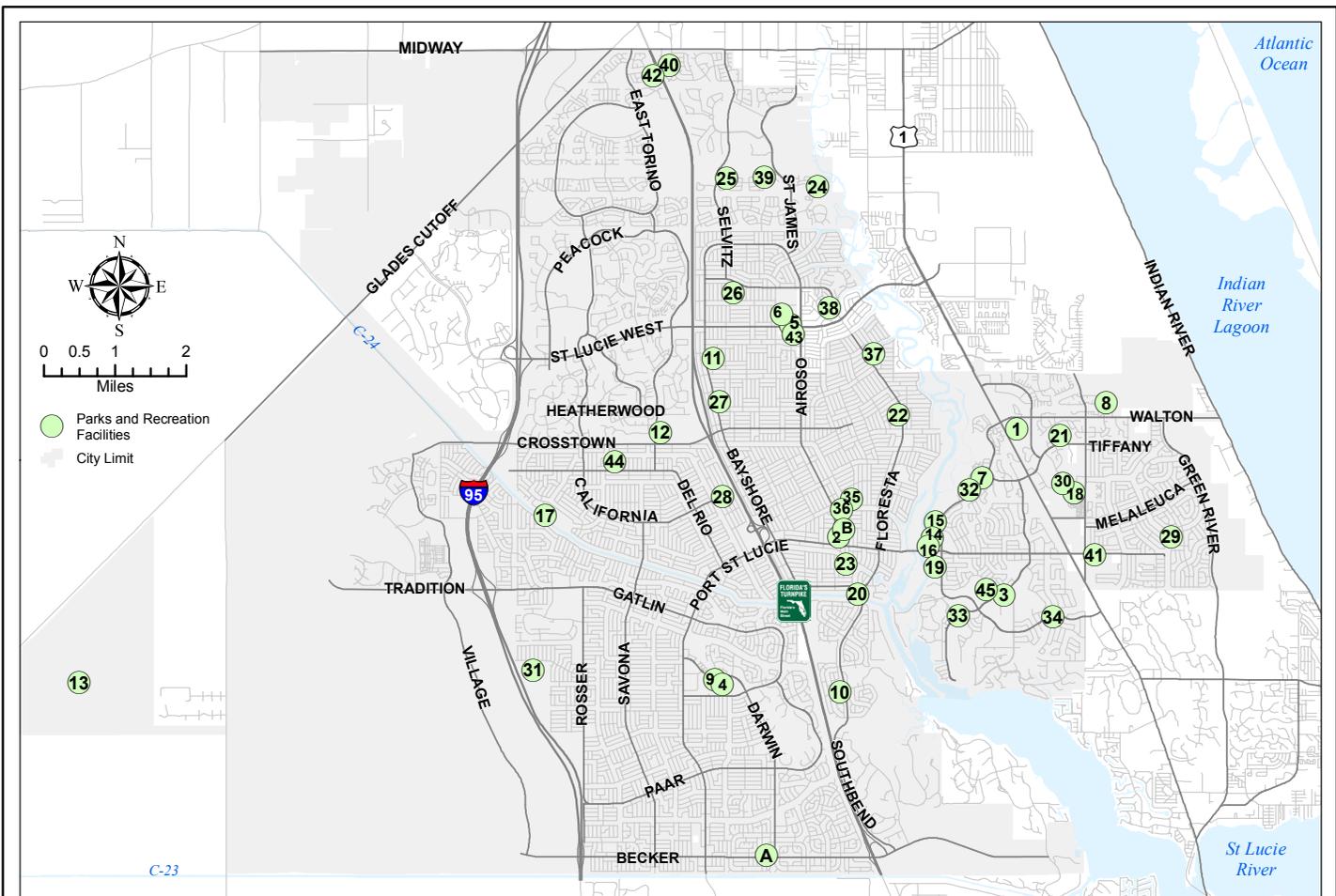
Mark Olsen

Manager, Systems Support

Patricia Roberts

Golf Course Administrator

Curtis Wichern



ADMINISTRATION / CENTERS / GOLF COURSE

1. PSL Civic Center
Village Square
Interactive Fountains
Parking Garage (free 700+ parking spaces)
2. Community Center / Parks & Recreation Main Office
3. The Saints at Port St. Lucie Golf Course
4. Robert E. Minsky Gymnasium

COMMUNITY PARKS:

- Developed Active Use Facilities (night use & lights)
5. Sportsman's Park
 6. Sportsman's Park West
 7. Lyngate Park and Dog Park
 8. Sandhill Crane Park
 9. Whispering Pines Park
 10. Jessica Clinton Park

COMMUNITY SOCCER PARKS:

- Primary Soccer Use Facilities
11. Swan Park
 12. William McChesney Park

COMMUNITY SPECIAL FACILITIES

13. McCarty Ranch Preserve
14. Veterans Park @ Rivergate
(boat ramps open 24 hours with lighted boardwalk on St Lucie River)
15. Veterans Memorial Park
(ceremonial grounds & monuments)
16. Tom Hooper Park (lighted & boardwalk on St Lucie River)
17. Oak Hammock Park (boat ramp on C-24 canal & trails)
18. Mary Ann Cernuto Park (central plaza in East Lake Village)
19. Botanical Gardens
20. C-24 Canal Park, 500 SE Oakridge Dr.

NEIGHBORHOOD PARKS:

- Active & Passive Use Facilities (closed at dusk)
21. Rotary Park
 22. Kiwanis Park
 23. Fred Cook Park
 24. River Place Park
 25. Charles E. Ray Park
 26. Girl Scout Friendship Park
 27. Jaycee Park
 28. Turtle Run Park
 29. PSL Elks Lodge #2658 / Friendship Park
 30. Woodstork Trail (sidewalk trail around lake)
 31. O.L. Peacock Sr. Park / Lake

NEIGHBORHOOD OPEN SPACES:

- Limited or No Facilities (closed at dusk)
32. Midport Lake
(model boating and dogs permitted on leash)
 33. Loyalty Park
 34. Sandpiper Bay Park
 35. Doat Park
 36. Whitmore Park
 37. Harborview Park
 38. Gulf Stream Park
 39. Ian T. Zook Park
 40. Milner Tot Lot
 41. Mariposa Cane Slough Preserve
 42. Winterlakes Park
 43. Ravenswood Racquetball Courts
 44. Apache Park
 45. Wilderness Park

OTHER FACILITIES

- (A) Treasure Coast Model Railroad Club
- (B) PSL Intermodal Transit Facility