



City of Port St. Lucie

October 2016 - March 2017

LEISURE TIME

Events • Programs & Parks • Recreation Opportunities



PORT ST. LUCIE
**PARKS &
RECREATION**

IT STARTS IN
PARKS

This advertisement meets schoolboard policy 9.40. However, this acknowledgement does not represent a recommendation of the product/service for the distribution of the advertisement.

(772) 878-2277

www.CityofPSL.com/LeisureTime



KAYAKING



ATHLETICS



BMX



EVENTS

***Are you between the ages of 13 and 20?
Do you want your voice to be heard?***

WE NEED YOU!

Tell us what programming you would like offered in the City of Port St. Lucie for your age group by filling out the Youth Questionnaire!

Your voice will help build and prioritize future Parks & Recreation projects.

Take the survey at:

www.CityofPSL.com/Survey



HORSEBACK RIDING



SKATE PARK



FISHING



WATER PARK





from the Director

City of Port St. Lucie Parks & Recreation Department

“WHERE ARE WE GOING?”

The City of Port St. Lucie Strategic Plan, adopted by City Council in 2014 and revised on November 23, 2015, Goal 5, Expanded Leisure Activities, lists the following Management & Policy Actions for 2015–2016:

Park Projects

- Campground at McCarty Ranch Preserve
- Remote Control Facility Venue
- Leisure Needs Analysis for 13–20 year olds

“On the Horizon” items listed in the Strategic Plan, include some of the following:

- Torino Park Development
- Recreation Programs (Summer Camps) in West Port St. Lucie
- Winterlakes Park
- McCarty Ranch Expansion
- Water Park Private Development
- Emerging Park Venues (pickleball, disc golf, etc.)
- Parks & Recreation Master Plan
- Botanical Gardens Plan
- Dog Park (Additions)



Comparing the City of Port St. Lucie performance metrics with those obtained from the National Recreation & Parks Association’s Field Report, the following is demonstrated.

Nationally, the typical Parks & Recreation agency has:

- 9.5 acres of park land per 1,000 residents.
- **Port St. Lucie has 5.24 acres of park land per 1,000 residents.**
- Operating expenditures per capita of \$76.44
- **Port St. Lucie spends \$19.74 per capita**
- Has 7.4 staff members per 10,000 residents
- **Port St. Lucie has 7.34 staff members per 10,000 residents**
- Recovers 29% of operating expenditures through revenue generation
- **Port St. Lucie recovers 63% of operating expenditures through revenue generation**
- Has one park for every 2,277 residents
- **Port St. Lucie has one park for every 3,702 residents**
- 80% of agencies offer Summer Camps
- **Port St. Lucie offers a 10 week Summer Camp Program**
- 62% of agencies representing a population of 100,000 to 250,000 residents offer afterschool programs
- **Port St. Lucie offers an after school program**

Moving forward, we want to hear from you, our valued resident, as to your wants and needs in the area of leisure opportunities. In August, 2016, 4,000 Port St. Lucie households, randomly selected through the services of a consultant, Management Learning Laboratories based out of North Carolina, received, via United States Postal Service, a General Population Needs Assessment. This tool is being used to obtain unbiased, statistically valid data on the needs, interests, attitudes and behaviors related to leisure and recreation in our community.

In other words – WE NEED YOU! While the adult households have already responded, via USPS, to their needs and wants, the entire Port St. Lucie community will soon be able to participate in the very same General Population Needs Assessment via an online survey. Please stay tuned via our website, www.cityofpsl.com, for updates on how you can be a part of the General Population Needs Assessment. We are excited to hear from our stakeholders as to their wants and needs relative to recreational programming and facilities.

Beginning in August, 2016, we also have an electronic survey available to youth, ages 13 to 20 years old, which is advertised and available on the City’s website and to local students via the St. Lucie County School District. Please encourage your youth to participate in the online survey so that we can gauge their wants and needs as well.

Once we have the outcomes of the General Population Needs Assessment, as well as the Leisure Needs Analysis from the youth questionnaires, we will be poised to evaluate and propose programs and facilities, based upon fiscal resources, that will accommodate our valued community’s wants and needs.

Thank you for your anticipated participation in our surveys and we look forward to seeing you at our upcoming Special Events, facilities and programs.

Keep it Clean, Green, Safe & Fun,
Sherman Conrad, CPRP

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Registration & Sign-up

Don't stand in line... register ONLINE! Your Parks & Recreation Department has expanded the online registration capability and you can register ONLINE for many of our programs, including the popular Summer Camp and Junior Basketball programs. Stay connected with your Parks & Recreation Department through our website, www.cityofpsl.com, as you can find lots of newsworthy information about upcoming events and programs offered to the community. We recognize and appreciate that you have choices when pursuing your leisure opportunities and we value that you have chosen the Port St. Lucie Parks & Recreation Department to provide you with quality parks, recreational programs and special events.

Kids at Hope

Kids at Hope is, first and foremost, a belief system, supported by a cultural strategy and then enhanced by programs. The Kids at Hope vision is that every child is afforded the belief, guidance and encouragement that creates a sense of hope and optimism. The City of Port St. Lucie has adopted the Kids at Hope belief that "All Children are Capable of Success, NO EXCEPTIONS!" Our staff has undergone the initial training and have become "Treasure Hunters", looking for the treasures in every child.

The Parks & Recreation Department is committed to sharing the Kids at Hope belief system with all staff, volunteers, volunteer coaches, and recognized user groups. We also offer the opportunity to you, our valued customer, to be trained in the Kids at Hope belief system so that you, too, can become a Treasure Hunter. What better investment can we make, as a community, than instilling the confidence and belief among our youth that they are capable of success... NO EXCEPTIONS! Please call us at (772) 878-2277 so that you, too, can become a Treasure Hunter.





Volunteering and its surprising benefits

HELPING OTHERS WHILE HELPING YOURSELF

We know that Port St. Lucie residents are truly “givers” when it comes to the sheer number of City of Port St. Lucie volunteers who give consistently of their time and talent in supporting and assisting our staff as we host programs and events. City Volunteers work in many City departments, again reaffirming their commitment to serve their community.

To understand the commitment given us by our City Volunteers, we look to what motivates them to dedicate a portion of their lives to volunteering for the City. Research has shown that Volunteers give of themselves and receive many of the following benefits for doing so:

Volunteering connects people to others

- Volunteering helps people make new friends and contacts
- Volunteering increases people’s social and relationship skills

Volunteering is good for your mind and body

- Volunteering helps counteract the effects of stress, anger and anxiety
- Volunteering combats depression
- Volunteering makes people happy
- Volunteering increases self-confidence
- Volunteering provides a sense of purpose
- Volunteering helps people stay physically healthy

Volunteering can advise people’s careers

- Volunteering can provide career experiences
- Volunteering can teach people valuable job skills

Volunteering brings fun and fulfillment to people’s lives

People should consider their goals and interests when volunteering.

Tips for getting started...

Do you want...

- ...to make it better around where you live
- ...to meet people who are different from you
- ...to try something new
- ...to do something with your spare time
- ...to have a go at the type of work you might want to do as a full-time job
- ...to do more with your interests and hobbies
- ...to do something that you’re good at

People should consider several volunteer possibilities.

When weighing your options as to where and how to volunteer, to get the most out of volunteering, consider the following:

- Ask questions
- Make sure you know what’s expected
- Don’t be afraid to make a change
- Enjoy yourself!

So, after you’ve explored the many volunteer opportunities, know that, should you decide the City of Port St. Lucie Volunteer Program is a good “fit” for you, after going online to www.cityofpsl.com/volunteer to get a clear idea of what opportunities await you within the City, please reach out to us by calling (772) 878-2277 to learn more about how you can contribute to the City of Port St. Lucie. We hope to see you soon!





SPECIAL EVENTS



Fall Fun Fest

Bring the whole family down to the Port St. Lucie Civic Center for a weekend of fun! The event kicks off Friday night with Line Dancing and live music. On Saturday we will have Trick or Treating and the Costume Contest which will be held from 5 to 7 p.m. Costumes will be judged on creativity and originality and prizes will be awarded to the winners in each age group. There will also be a Midway Carnival, food trucks, arts and crafts vendors, and much more!

Location: Civic Center
 Contact: (772) 878-2277
 Dates: Friday, Oct. 28, 5-10 p.m.
 Saturday, Oct. 29, 10-12 p.m.
 Sunday, Oct. 30, 1-6 p.m.

Haunted House Time

We will have Halloween snacks and lots of spooky FUN. Kids, remember to wear your costumes! And parents, remember to bring your camera to capture the spooky fun with your children in costume! Participation by parents is greatly encouraged. *(Ages 5 & under must have a parent/guardian)*

Location: Minsky Gymnasium
 Instructor: Minsky Staff
 Contact: (772) 344-4142
 Activity Code: 121201 – Drop-in program,
 No pre-registration
 Fee: \$3.00 per child
 Dates: Thursday, Oct. 27
 10:30 a.m. – 12:00 p.m.

Bonfire & Hayride at McCarty Ranch Preserve

Bring your partner and all the little buckaroos too and come on out to McCarty Ranch Preserve. McCarty Ranch Preserve has over 300 acres of lakes for fishing and kayaking, disc golf, hiking and biking trails. There will be live music, a petting zoo, pony rides, horseback riding, fishing tournament and hayrides for everybody! Food will be offered for purchase.

Location: McCarty Ranch Preserve

Contact (772) 878-2277

Dates: Saturday, November 5, 2-7 p.m.

Veteran's Day Service at Veteran's Memorial Park

Join us at Veteran's Memorial Park for this special service to honor those who gave the ultimate sacrifice. The United Veterans of Port St. Lucie will provide a moving tribute. Limited seating is available; we suggest that you bring a lawn chair. The event will start promptly at 11 a.m.

Location: Veteran's Memorial Park

Contact (772) 878-2277

Dates: Friday, November 11, 11 a.m.

Relax & Recharge at Rivernights at Rivergate

Enjoy a tranquil and relaxing evening on the Riverwalk Boardwalk overlooking the beautiful St. Lucie River or just hang out and enjoy the fire. There will be live musical entertainment and a cash bar and food available for purchase. All proceeds from this event will go toward the expansion of the Boardwalk from Rivergate to the Botanical Gardens.

Location: Veterans Park at Rivergate

Dates: Fridays, Nov 18 & Jan 20, 5-8p.m.



Winter Wonderland Light Show

Winter Wonderland Light Show will begin December 1 at 7 p.m. Stop by the Community Center to see this "one of a kind" light and sound experience. Enjoy the light show daily through December 31, 2016, during normal evening business hours.

Location: PSL Community Center

Dates: December 1-31, 7-9 p.m.

Festival of Lights

Join your neighbors gathered at the Port St. Lucie Civic Center to celebrate the 2016 holiday season. Once again participants will have the opportunity to sample local fare and do some holiday shopping among our arts and craft vendors. Kids will have a blast playing in the Snow Zone! This annual popular event will feature live music. Immediately following the parade, spectators will enjoy the ever popular lighting of the holiday tree. So be sure to mark your calendar for Saturday, December 3, 2016 when we once again light up our beautiful city.

Location: Civic Center

Dates: Saturday, December 3, 2-10 p.m.



Pancakes with Santa (Ages 7 & under)

Come out and enjoy a morning of kids' crafts, a visit from Santa, face painting and, of course, pancakes at the Community Center. Please be sure to bring a camera for photo opportunities with the big man in red.

Location: PSL Community Center, Room ABCD

Activity Code: 311101

Fee: \$9.50

Dates: Friday, December 9, 9:30 a.m.

Santa's Calling (Ages 2-8)

Hey parents! Pick up a Santa's Calling form available Monday, November 7th and, when completed, please return it to the Community Center by Friday, December 2. Forms will be available at the PSL Community Center, PSL Civic Center, Minsky Gym and City Hall. At the pre-arranged time, (6-8 p.m.) on Thursday, December 8 and Tuesday, December 13, with the help of his special operator, Santa will offer a special holiday greeting and ask questions specific to that child's information gathered from the Santa's Calling form. Only local calls can be accepted.

Activity Code: 331307

Dates: Thursday, December 8 or Tuesday December 13, 6-8 p.m.

Santa Claus Visit

(Ages 5 & under must have a parent/guardian)

You will have a great time visiting with Santa at Minsky Gym and telling him what you want for Christmas! Parents, please bring your camera if you would like to take your child's picture with Santa! Kids, after you visit with Santa, you'll receive some yummy Christmas treats. Parent participation is greatly encouraged.

Location: Minsky Gymnasium

Instructor: Minsky Staff

Contact: (772) 344-4142

Activity Code: 121201 – Drop-in program,
No pre-registration

Fee: \$5.00 per child

Dates: Thursday, December 15,
10:30 a.m.–12:00 p.m.

Family Fun Day Celebrating Martin Luther King Jr.

The City of Port St. Lucie Parks & Recreation Department invites you to celebrate one of history's greatest leaders by enjoying some wholesome food, entertainment, bounce houses and more! Best of all—admission is FREE! The event kicks off at 12 p.m. with our "March through the Park". Bring your lawn chairs and relax while we entertain your kids.

Location: Whispering Pines Park

Contact: (772) 878-2277

Dates: Monday, January 16, 12-4 p.m.

Daddy/Daughter Valentine Dance

(Ages 2-11)

Dads, do not miss out on an opportunity to take your special girl(s) out for a special evening. Entertainment, dancing, goodie bags, a memorable photo and a raffle for a dinner and a corsage (for four families). Pre-registration is required by February 1 to be included in the raffle, or by February 6 for just the event.

Location: PSL Community Center, Room ABCD

Activity Code: 117301

Fee: \$11.50

Dates: Friday, February 10, 7:30-9:30 p.m.

Valentine Horseback Riding at McCarty Ranch Preserve

Make this Valentine's Day as special as your sweetheart and reserve your sunset horseback ride at the McCarty Ranch Preserve. On Saturday, Feb. 11, you and your sweetie can take a one-hour stroll around the lake and property side-by-side on horseback. Enjoy the beautiful views across the wide-open spaces as the sun is setting during your three-mile ride. Call Tours on Horseback at (772) 468-0101 for pricing and to reserve a time slot for your one-hour ride.

Location: McCarty Ranch Preserve

Date: Saturday, February 11, 2:00 – 6:00 p.m.

St. Patrick's Day Festival

The City of Port St. Lucie Parks & Recreation Department, along with the Friendly Sons & Daughters of Ireland, invite you to join us in a salute to St. Patrick and Irish Culture – FREE ADMISSION. The St. Patrick's Parade opens festivities at 11 a.m. and marches right into where the festival begins at noon. Traditional Irish cuisine, green beer, music and other culinary delights will be accompanied by Irish dancing, displays, ye old Arts & Crafts, carnival rides and fun for the whole family.

Location: Civic Center

Contact: (772) 878-2277

Dates: Friday, March 17, 5–10 p.m.

Saturday, March 18, 10 a.m.–10 p.m.

Easter Bunny Visit (Ages 1–5)

Yes, the giant Easter Bunny will be visiting us once again! Parents, please remember to bring your camera to capture your child's picture with the Easter Bunny. Children, please remember your Easter basket so you can participate in the exciting Easter Egg Hunt! Children will also receive treats! Parent participation is greatly encouraged during this fun event.

Location: Minsky Gymnasium

Instructor: Minsky Staff

Contact: (772) 344-4142

Fee: \$3.00 per child

Dates: Thursday, April 13,

10:30 a.m.–12:00 p.m.

Easter Breakfast (Ages 7 & under)

Kids will have a blast dying eggs and enjoying a continental breakfast. Expect a visit from the guy with the furry little tail. An adult must accompany child. Food is only for the child. For planning purposes, register early for this popular event.

Location: PSL Community Center, Room ABCD

Activity Code: 111302

Fee: \$9.50

Dates: Friday, April 14, 9:30 a.m.

Garage Sale at Minsky Gym

Find a bargain, or better yet, be a vendor and unload all of your unwanted treasures and make some money at the same time! Our popular garage sale is always held the 3rd Saturday of each month. To pick and reserve your space to be a vendor, stop by Minsky Gym to register before the day of event. Remember, spots are available on a first-come, first-served basis. *(Recurring)*

Location: Minsky Gymnasium / Overflow Parking Lot Adjacent to Gym

Coordinator: Demetris Collins

Contact: (772) 344-4142

Activity Code: 126703

Fee: \$6.40 for 10'x 10' spot

Dates: 3rd Saturday of each month

8:00 a.m. – 12:00 p.m.

One Stop Shop Garage Sale

Buy and sell inside a covered parking garage every 4th Sunday of the month (excluding December).

Location: Civic Center parking garage

Instructor: Jennifer Romberger,

jromberger@cityofpsl.com

or (772) 807-4493

Starts in September ends in April.

Cost: Free to the public. Vendors pay \$12.50 per 8'x10' space. Tables available for rent for \$10 each.

Dates: 10/23; 11/27; 1/22; 2/26; 3/26; 4/23

Time: 9:30 a.m.–1:30 p.m. Vendor set up begins at 8 a.m.



This year's 2016 Summer Camp featured spectacular field trips to fun destinations, such as The Rapids Water Park, Andretti Thrill Park, Children's Museum of the Treasure Coast, Sailfish Splash Water Park, St. Lucie Mets game and many more. More importantly as we continue to celebrate more than 30 years of Summer Camp, we offer a fun-filled summer and, most importantly, a SAFE Summer Camp for youth ages 6-14. This past summer, we had more than 3,000 enrollments in our programs at both the Civic Center and Minsky Gym, and we look forward to seeing our campers (along with some new faces, too) for our 2017 Summer Camp Program.



CAMPS

Holiday Camp

Location: Minsky Gym and PSL Civic Center
 Coordinator: Derek J. Williams
 Contact: (772) 344-4021
 Online Registration activity code:
 Minsky Gym: 332519
 PSL Civic Center: 332519
 Fee: \$14.35/day
 Dates: December 19-22, 27-29
 (December 23, 26, 30 & January 2nd will be offered at the Civic Center only),
 7:30 a.m. - 5:30 p.m.

Spring Break Camp

Location: Minsky Gym and PSL Civic Center
 Coordinator: Derek J. Williams
 Contact: (772) 344-4021
 Online Registration activity code:
 Minsky Gym: 132527
 PSL Civic Center: 132527
 Fee: \$14.35/day
 Dates: March 13-17, 7:30 a.m. - 5-30 p.m.

Kids Day Out Camp

Location: Minsky Gym and PSL Civic Center
 Coordinator: Derek J. Williams
 Contact: (772) 344-4021
 Online Registration Activity Code:
 Minsky Gym: 132524
 PSL Civic Center: 582819
 Fee: \$14.35/day
 Dates: February 3rd, 7:30 a.m. - 5:30 p.m.



Thank you to our 2016 Summer Camp Sponsors!



Captec Engineering
 Kids at Hope
 Police Athletic League
 Dr. Martin Lesin
 Joe - Joe Taylor Summer Camp Scholarship Fund
 Port St. Lucie Downtown Lions Club
 Atlantic India Association

Parks & Recreation Facilities

Community Center



Robert E. Minsky Gymnasium



Saints Golf Course



Botanical Gardens



Civic Center (Recreation & Fitness)



Looking for a beautiful venue to host your upcoming wedding reception, party, performance, show, dance, seminar, meeting, contest or auction? The Port St. Lucie Community Center is a 34,000 sq. ft. facility which boasts an 8,300 sq. ft. banquet hall with a stage. Our rental rates are reasonable to accommodate everyone's budget. Located across from City Hall, the Community Center is the perfect place to meet and play. Our well designed banquet hall and meeting rooms can accommodate as few as 10 people or groups as large as 800. We offer a full or catering style kitchen which is available for rent for your exciting day.

Remember to book your event soon, our rental calendars fill early in the year with upcoming events. We welcome corporations and smaller groups of 5 to 50, as we also book rentals in two meeting rooms who desire a more professional setting for their events. The Community Center is designated as a safe place. Project Safe Place is a nationally-acclaimed prevention and outreach program. The Community Center is also home to a state-of-the-art Community Fitness and Wellness Center.

If you have any questions about renting a room with us please contact our Event Coordinator Dave Schoen at (772) 871-5087.



Guest Services Hours

Monday – Friday: 8 a.m. – 9 p.m.

Saturday – Sunday: 8 a.m. – 8 p.m.

2195 SE Airoso Blvd

Port St. Lucie, FL 34984

(772) 878-2277

The Guest Services Desk at the Community Center is your first stop for the latest and best information about what is going on in the Parks & Recreation Department of the City of Port St Lucie. Our friendly Guest Services staff can assist you in locating the perfect park for your next outdoor event, provide you with information on renting a room at the Community Center and get you registered for any of the excellent programs offered through the City of Port St Lucie Parks & Recreation Department.

Dance

Ballet (Ages 10–17)

This is a basic ballet class that can help your child with other activities such as baton or gymnastics. Basic barre and center technique will be taught in order to improve coordination, stretch, and grace. Attire: any solid colored body suit, pink tights, pink ballet shoes, and hair must be pulled back in bun or pony tail.
(Recurring)

Location: Multipurpose Room
Instructor: Sonya Hoffman,
jc1hoffman@yahoo.com
Online Registration Code: 800000

Dance

Every three weeks, George and Judy Go will work on a different style of dance. Pot Luck Dinner on Monday, January 25th. Admission is just \$10 per guest.

Cha-Cha

Date: November 1–15

EC Swing

Date: Jan 3–17

Waltz

Date: March 7–21

Foxtrot

Date: February 7–21

Ballroom Dance (Ages 18+)

Location: Room A
Instructor: George Go, (772) 485-7289
Activity Code: 134113
Fee: \$30 per 3 weeks, \$12 Drop-in
Dates: Tuesdays, 7:30–9 p.m.

Country Line Mix Dance Classes (Ages 9+)

Not just country line dancing but the best mix of country and non country music. Line dancing is good for your mind, body, and soul. Dancing has many positive health benefits. Dancing has many positive health benefits.

Beginner Class (Recurring)

Location: Multipurpose Room

Instructor: Kathy Parker,
kat_dancin@yahoo.com

Online Registration Activity Code: 12926

Fee: \$25 Monthly/ \$6 Drop-in

Dates: Wednesdays, 12:30–1:30 p.m.,

Thursdays, 6:30–7:30 p.m.

Intermediate Class (Recurring)

Location: Multipurpose Room

Instructor: Kathy Parker,
kat_dancin@yahoo.com

Online Registration Activity Code: 116104

Fee: \$25 Monthly/ \$6 Drop-in

Dates: Wednesdays, 1:30–2:30 p.m.,

Thursdays 7:30–8:30 p.m.

Beginner & Intermediate (Recurring)

Location: Multipurpose Room

Instructor: Kathy Parker,
kat_dancin@yahoo.com

Online Registration Activity Code: 800005

Fee: \$30 Monthly

Dates: Wednesdays, 12:30–2:30 p.m.,

Thursdays 6:30–8:30 p.m.

Fitness

Zumba with Cecilia (Ages 12+)

Zumba is a fitness dance exercise program that keeps everyone motivated by creating a party-like atmosphere. Zumba will take you through a combination of dance steps such as meringue, reggae ton, and salsa, while incorporating fitness exercises such as bicep curls, knee lifts, and squats. Zumba fitness is mostly about dance moves that make everyone laugh, smile, and let loose.

(Recurring)

Location: Multipurpose Room

Instructor: Cecilia Garcia, (772) 529–2911

Online Registration Activity Code: 116405

Fee: \$30 Monthly/ \$8 Drop-in

Dates: Tuesdays and Thursdays, 6–7 p.m.

Zumba with Karla (Ages 14+)

Zumba Fitness, moving the world to a new beat. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow. Latin-inspired, calorie-burning dance fitness party that's moving millions of people towards joy and health. *(Recurring)*

Location: Multipurpose Room

Instructor: Karla Aviles, (772) 240–9909

Online Registration Activity Code: 111132

Fee: \$20 Monthly/ \$7 Drop-in

Dates: Saturdays, 9:30 – 10:30 a.m.



Special Interest Programs

Senior Social (Ages 55+)

Come join us at the Port St. Lucie Community Center on Mondays, Tuesdays, and Thursdays for billiards while meeting new friends while meeting new friends and socializing with old ones. *(Recurring)*

Location: Game Room
 Fee: \$1.40 Drop-in
 Dates: Monday, Tuesday, Thursday 12 – 4 p.m.

Stained Glass (Ages 18+)

Learn how to make beautiful stained glass! Hundreds of people in this area have, and you can too. This class is taught by Kelly Toffey, a certified instructor. Materials and tools are an additional cost and a list of needed items will be provided at the first class meeting.

Location: Room A
 Instructor: Kelly Toffey
 Fee: \$99 Monthly
 Dates: Wednesdays, 11:30 a.m. – 2:30 p.m.

November 16 – December 14
 January 4 – February 8
 February 15 – March 22
 March 29 – May 3

Social Bridge (Ages 55+)

Play social or "party" bridge Monday afternoons with friendly people who, first and foremost, want to have an enjoyable, brain-stimulating time. All levels welcome. *(Recurring)*

Location: Tot Room
 Fee: \$1.40 Drop-in
 Dates: Mondays and Fridays, 1–4 p.m.

Mah Jongg (Ages 55+)

Join us at the Port St. Lucie Community Center for a fun game of Mah Jongg while socializing with old friends and meeting new friends. *(Recurring)*

Location: Tot Room
 Fee: \$1.40 Drop-in
 Dates: Tuesdays, 1–4 p.m.

Karate Classes

Martial Arts classes are offered by the American Kang Duk Won Association in the traditional style of Tae Kwon Do and have been in Port St. Lucie for 30 years. Classes include katas, sparring, and beginning and advanced self defense. All classes are taught by certified black belt instructors. This is an ongoing program. No contract, no registration fees.

Karate for Kids (Ages 6-11)

Location: Multipurpose Room
 Instructor: Charlene Watson,
 charlelwatson@gmail.com,
 (772) 342-4727

Online Activity Code: 132601
 Fee: \$37.75
 Dates: Wednesdays, 6:30–7:30 p.m.
 Fridays, 6:30–7:30 p.m.

Karate (Ages 11+)

Location: Multipurpose Room
 Instructor: Charlene Watson,
 charlelwatson@gmail.com,
 (772) 342-4727

Online Activity Code: 139612
 Fee: \$37.75
 Dates: Wednesdays, 7:30–8:30 p.m.
 Fridays, 6:30–7:30 p.m.



Cake Decorating



Course 1 – Building Better Buttercream Skills (Beginners)

Learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple-to-pipe flowers that transform ordinary cakes into extraordinary results. You will learn how to pipe classic buttercream decorating techniques to create modern and traditional cake designs. This course is four 2-hour sessions. *This class is intended for Teens and Adults (must be at least 13 years old). For more information call (772) 834-3543 or email shedacakelady@comcast.net

Location: Room A
Instructor: Tamara Speights
Fee: \$40 Monthly
Wednesdays, 6:30–8:30 p.m.

Course 2 – Flowers & Cake Design

Learn how to create professional-looking flowers and designs made from royal icing. You will learn how to make lifelike rosebuds, pansies, and violets, plus detailed patterns, like lace and basketweave designs.

This course is four 2-hour sessions. *This class is intended for Teens and Adults (must be at least 13 years old). For more information call (772) 834-3543 or email shedacakelady@comcast.net

Location: Room A
Instructor: Tamara Speights
Fee: \$40 Monthly
Wednesdays, 6:30–8:30 p.m.

Course 3 – Fondant & Gum Paste

Learn how to work with fondant and gum paste. From covering your cakes to cutting shapes and painting on fondant, you'll learn all the essentials, and get to create flowers, like calla lilies, roses and carnations! This course is four 2-hour sessions. *This class is intended for Teens and Adults (must be at least 13 years old). For more information call (772) 834-3543 or email shedacakelady@comcast.net

Location: Room A
Instructor: Tamara Speights
Fee: \$40 Monthly
Wednesdays, 6:30–8:30 p.m.

Pretty Princess Tea Party

Meet enchanting princesses at this magical event for all ages. Featuring singing, dancing, princess meet and greet, dress up, pretend tea sets, and plenty of merriment.

Location: Community Center
Instructor: Jennifer Romberger
Cost: \$3 per child over 1 years old and \$1 per adult
1st Wednesday of the Month from 10–11:30 a.m. – 12/7, 1/04, 2/01, 3/01



Special Needs Program

Super S-P-O-O-K-Y Halloween Dance (Ages 15+)

Calling all Monsters and Mummies! Join us for a Halloween Party that you will not forget at the Community Center! Special Recreation participants, family and friends are invited to spend an evening of “haunted fun”. Music, dancing, munchies, a spooky keepsake and long-lasting memories all included! So get your best costume on and register today—space is limited!

Location: Community Center
Contact: Erin Murphy, (772) 807-4469
Dates: Wednesday, October 19, 6–8 p.m.



Community Fitness & Wellness Center Classes

Location: Community Center, 2195 SE Airoso Blvd., Port St. Lucie, FL 34984

Contact: (772) 873-6432

Operating Hours for Fitness Center:

Monday–Friday 6:00 a.m. – 8:00 p.m.

Sat. & Sun. 8:00 a.m. – 2:00 p.m.

(The classes below are free with membership or daily pass to the Community Fitness & Wellness Center)

Body Sculpt

Take your workout to the next level. This class is designed to strengthen and sculpt every major muscle group utilizing hand weights and/or barbells and other equipment.

Mondays, 11:00–11:50 a.m.

Cardio Circuit

No equipment necessary – all cardio, no weights. Burn calories & get your heart pumping!

Mondays, Thursdays, 10–10:50 a.m.

Chair Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere all while sitting in a chair.

Fridays, 11–11:50 a.m.

Core & More

Main focus on strengthening the core muscles, abdominals, glutes and thighs and will include some fat burning cardio!

Tuesdays, 12:30–1:20 p.m.

Gentle Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

Tuesdays and Wednesdays 11–11:50 a.m.

Relaxation Yoga

Focus, breathe, become centered, relieve stress and tension while you practice skills for coping with everyday stress.

Wednesdays, 5:30–6:30 p.m.

Thursdays, 11–11:50 a.m.

Senior Fit/Forever

Designed to increase muscular strength, range of motion, coordination, agility, and balance to improve the participant's daily living. Music is used to enhance the format and create an upbeat and positive experience. This class is primarily for seniors, but it is also a great class for anyone just starting out.

Mondays, Tuesdays, and Fridays 9–9:50 a.m.

Tuesdays, 10–10:50 a.m.

Silver Sneakers Yoga Stretch

Silver Sneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Wednesdays, 9–9:50 a.m.

Wake Up Workout

A full body workout utilizing steps, weights & bands to kick start your day.

Thursdays, 6:30–7:20 a.m.

Zumba

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Fridays, 9–9:50 a.m.

Zumba GOLD

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. No jumping required in Zumba Gold, lower impact for seniors.

Wednesdays, Fridays 10–10:50 a.m.

Robert E. Minsky Gymnasium

750 S.W. Darwin Boulevard
Port St Lucie, FL 34953
Phone: (772) 344-4142

Robert E. Minsky Gymnasium is located in Whispering Pines Park. It is an 8,000 square foot gymnasium that features six-basketball goals, 200-seat bleachers and two full-sized volleyball courts. We offer a wide-range of activities for people of all ages, including basketball, volleyball, soccer, open gym time for adults and children, our popular Junior Basketball League, Adult Softball League and much more. We also offer Birthday and Team Party packages for children.

Minsky Gym is a "Kids at Hope" facility and staff has been trained. In doing so we have become a Kids at Hope site with signage indicating that we follow the guidelines and principles of the organization to demonstrate how all children can succeed, **NO EXCEPTIONS**. Our staff encourages children to be successful and help them achieve their goals by using the little steps, big dreams ladder to success and other tools provided by the organization. Our facility is also a designated Safe Place site. Project Safe Place is a nationally-acclaimed prevention and outreach program. Minsky Gymnasium is also available for rental for your special event or function.

Preschool & Youth Programs

Wild, Wacky Wednesday (Ages 5 & under with parent/guardian)

This program is designed for parent/child interaction. Children will make new friends while they join in open playtime. They will also have lots of fun participating in the instructor led games, which includes exercising, an obstacle course and scooter races! All children will receive a snack after this hour of enjoyment! Parent participation is greatly encouraged.

(Recurring)

Location: Minsky Gymnasium

Instructor: Minsky Staff

Contact: (772) 344-4142

Activity Code: 121202 – Drop-in program, No pre-registration

Fee: \$1.95 per child

Dates: Wednesdays, 10:30 – 11:30 a.m.

Parent/Tot Time (Ages 5 & under with parent/guardian)

This program is designed for parent/child interaction. We will have sing-a-longs, structured games led by the instructor, coloring, and also have a blast with the bubble machine! After all this excitement, each child will receive a snack. Parent participation is encouraged.

(Recurring)

Location: Minsky Gymnasium

Instructor: Minsky Staff

Contact: (772) 344-4142

Activity Code: 121201 – Drop-in program, No pre-registration

Fee: \$1.95 per child

Dates: Thursdays, 10:30 a.m. – 12:00 p.m.

Little Kicks Soccer (Ages 3-7)

Boys and girls can expect to receive instruction on proper footwork, ball control techniques, passing, heading, goal keeping, defensive/offensive strategies and much more. Parents please provide a drink and snack for your child. Tennis Shoes and soccer ball are recommended. For any additional information on this camp, please call Coach Hoffman (772) 979-2448.

Location: Jessica Clinton Park
(Southbend Boulevard)

Instructors: Scott Hoffman & David Robertson

Contact: (772) 344-4142

Online Registration Activity Code: 900015

Fee: \$30.00 per child

Dates: Saturdays,

Sessions: Nov. 5-26, Jan. 7-28,
Feb. 4-25, Mar. 4-25.

Time: 9:00 – 10:00 a.m.

Pee Wee Dunkers (Ages 3-5)

This is a FUN four-week basketball program where boys and girls can develop hand-to-eye coordination and movement while learning new skills such as: running, shooting, dribbling, passing, etc. This will also help your child when he/she decides to move up to the Instructional Division of our Junior Basketball program. Parents will be asked to participate in these skills to give your child more repetitions. Participants will also learn about sharing and good sportsmanship.

Location: Minsky Gymnasium

Instructor: Rick Jelliffe

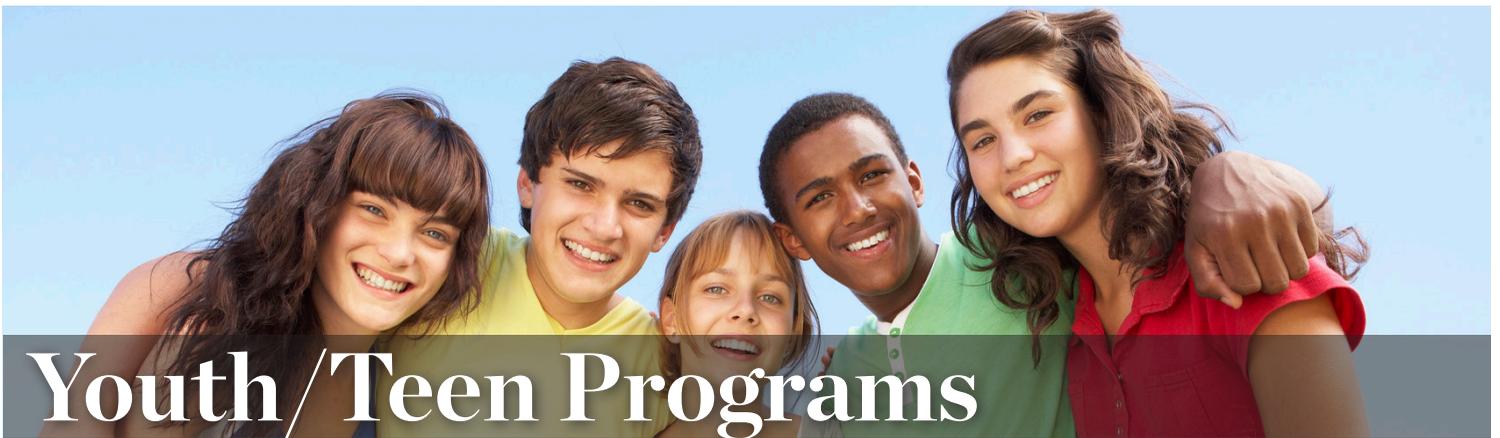
Contact: (772) 344-4142

Online Registration Activity Code: 121601

Fee: \$28.35 per child

Dates: Mondays, November 7 – 28

Times: 1:00 – 2:00 p.m.



Youth/Teen Programs

Volleyball (Ages 10-17)

Stop in Minsky Gym for some open gym time playing volleyball in comfortable air conditioning! This is not a league. It is a drop-in program for boys and girls. *(Recurring)*

Location: Minsky Gymnasium

Coordinator: Minsky Staff

Contact: (772) 344-4142

Activity Code: 122604 – Drop-in program, No pre-registration

Fee: \$.70 per child

Dates: Thursdays,

6:00–7:45 p.m. – When Junior Basketball is NOT in season

7:00–8:45 p.m. – When Junior Basketball is in season



Birthday Pizza Parties (Ages 6-12)

Schedule a birthday party at Minsky Gym for your child to enjoy an exclusive Pizza Jam with their friends. We provide the fun; for approximately one hour our staff will organize a variety of games and contests for the kids to enjoy or, if they want to play basketball, they can do that also! The cost also includes eight pizza pies for up to 25 participants and paper goods (white plates, napkins & cups). If specialty paper goods/decorations are desired, they must be provided by the patron. Parents are responsible for providing the birthday cake with knife, plastic forks and cold beverages (in cooler if possible). Sundays are available all year; Saturdays are only available when Junior Basketball is not in season (Mar, Apr, Sept, and Oct). All reservations are subject to availability.

Location: Minsky Gymnasium

Coordinator: Demetris Collins

Contact: (772) 344-4142

Activity Code: 126701

Fee: \$148.60

Dates: Sundays, 12:30–3:30 p.m.

Team Pizza Parties

(Ages 6–18)

Schedule a Team Party at Minsky Gym for your favorite Port St. Lucie Junior Basketball Team and enjoy a Pizza Party to CELEBRATE! Our staff will help organize this event and provide a variety of games, contests, or you're welcome to play basketball in our gym. The cost also includes eight pizza pies for up to 25 participants and paper goods (white plates, napkins & cups). Patron is responsible for providing the cold beverages (in cooler if possible) and any additional snacks. All reservations are subject to availability.

Location: Minsky Gymnasium
 Coordinator: Demetris Collins
 Contact: (772) 344-4142
 Activity Code: 126702
 Fee: \$148.60
 Sundays, 12:30–3:30 p.m.



Pizza Jam – Youth (Ages 6–12)

Participants will have fun playing basketball games, competing in contests, and eating PIZZA, but most of all have a great time! Parents are required to register their children at 6:00 p.m. the evening of the event, at the door. This is a Friday lock in program....doors will be locked at 6:30 p.m. Children will not be permitted to leave until a parent picks them up at 9:00 p.m. Parents are required to bring identification when picking up their child.

Location: Minsky Gymnasium
 Instructor: Minsky Staff
 Contact: (772) 344-4142
 Activity Code: 122702 – Drop-in program, No pre-registration
 Fee: \$7.90 per child
 Dates: Fridays – Dec. 9, Jan. 20, Feb. 24, Mar. 10, Mar. 31
 Time: 6:00–9:00 p.m.



Pizza Jam – Teens (Ages 13–17)

This activity is for teens 13–17 years old. The cost is \$7.90 per teen and includes pizza, beverages, and, of course, lots of FUN! Participants will play basketball, hang out with their friends and have a blast! Please be here at 5:00 p.m. to sign-in and make payment, as we'll lock the doors before 5:30 p.m.

Location: Minsky Gymnasium
 Instructor: Minsky Staff
 Contact: (772) 344-4142
 Activity Code: 122703 – Drop-in program, No pre-registration
 Fee: \$7.90 per teen
 Dates: Saturdays – Nov. 19, Jan. 21, Mar. 11
 Time: 5:00–8:00P

Junior Basketball

Junior Basketball Instruction (Ages 6–7 coed)

Learn the basics of basketball in a fun and safe atmosphere. This is not a league. This program is designed to teach basic fundamentals and skills so participants can enter the Junior Basketball League and prepare to have fun. Fees for this program include a t-shirt and a basketball.

Location: Minsky Gymnasium / Civic Center

Coordinators: Andrew Esposito / RaShad Thomas

Contact: Minsky Gym @ (772) 344-4142 or Civic Center @ (772) 807-4499

Online Registration Activity Codes: Minsky Gym 900005, Civic Center 500035

Dates:

Minsky Gym – Saturdays (recurring), starting on Nov. 5, 2016

Time: 8:00–9:00 a.m.

Civic Center – Tuesdays (recurring), starting on Nov. 8, 2016

Time: 6:00–7:00 p.m.

Junior Basketball Program (Ages 8–17)

The Junior Basketball program is an instructional league which includes playoffs. All children will be required by league rules to play a specific amount of time. Parents will be required to help coaches in scorekeeping and timekeeping each week during the season. We are always looking for volunteers to coach teams and assist in coaching. Each coach must be certified by the National Youth Sports Coaches Association (NYSCA) and complete the Kids at Hope training. Space is limited. Divisions will be filled on a first-come, first-served basis. No positions will be held unless registration is paid in full. Please bring a copy of your child's birth certificate to registration. In addition, one parent will be required to sign a Parent Code of Conduct.

Location: Minsky Gymnasium / Civic Center

Coordinators: Andrew Esposito / RaShad Thomas

Contact: Minsky Gym at (772) 344-4142 or Civic Center at (772) 807-4499

Online Registration Activity Codes: Upper Boys – 900010

Middle Boys – 900009

Middle Girls – 900008

Lower Boys – 900007

Lower Girls – 900006

Dribbler Boys – 500037

Dribbler Girls – 500036

Fees: 1st Child: \$78.00

Additional children in the same household: \$73.00

1st Child with Volunteer Coach: \$62.00

Registration for the Junior Basketball Program–Summer Season (all divisions) will be available online Saturday, March 4, 2017 at 8:00 a.m. *or* at Minsky Gym, Community Center or Civic Center at 8:00 a.m. After March 4, you may register online or at either site for any division. For more information, please call Minsky Gym (772) 344-4142 or Civic Center (772) 807-4499.





Adult Sports Programs

30 & Over Male Basketball League (Ages 30–49)

If you've got game...BRING IT, but remember this is a recreational adult basketball league. It is designed for men who have to get up and go to work the next day! Give Demetris a call at (772) 344-4300 and inquire about getting on a team. All players must have a photo ID.

Location: Minsky Gymnasium
 Coordinator: Demetris Collins
 Contact: (772) 344-4142
 Activity Code: 124403 – Drop-in program, No pre-registration
 Fee: \$1.30
 Dates: Sundays, 2:00 – 7:00 p.m.

Adult Gym Drop-In (Ages 18+)

Join us three days a week for an opportunity to play some basketball indoors, sharpen your skills or just shoot around with the guys. Participants must sign in at the time of entry. Photo ID may be requested to verify age.
(Recurring)

Location: Minsky Gymnasium
 Coordinator: Minsky Staff
 Contact: (772) 344-4142
 Activity Code: 122606 – Drop-in program, No pre-registration
 Fee: \$1.30
 Dates: Tuesdays–Thursdays 12:00 – 2:00 p.m.

Adult Softball League (Ages 8–17)

(Recurring)

Coordinator: Demetris Collins
 Contact: (772) 344-4142
 Activity Code: 124601

Registration for Winter Season: November 7, 2016 thru December 29, 2016 at Minsky Gym
 Registration is by Team Only!

Fees: \$500 (Coed, Men)
 \$400 (Women)

Dates: Coed Divisions play Friday nights at Sandhill Crane Park & Lyngate Park
 Starting date at Sandhill Crane Park & Lyngate Park: January 13
 Men's Division plays Monday & Wednesday nights @ Sandhill Crane Park
 Starting date: January 9
 Women's Division plays Thursday nights at Sandhill Crane Park
 Starting date: January 12

Time: 6:00–10:00 p.m.

*All teams must pay a 2017 Annual USSSA Sanction Fee of \$25.00

*Manager's Meeting will be held Thursday, January 5, 2017 at the PSL Community Center

Adult Volleyball Drop-In (Ages 18+)

Stop by and enjoy open play time for recreational indoor volleyball. This program is for both men and women and is NOT a league. Feel free to get a group together or drop in by yourself!
(Recurring)

Location: Minsky Gymnasium
 Coordinator: Minsky Staff
 Contact: (772) 344-4142
 Activity Code: 124602 – Drop-in program, No pre-registration
 Fee: \$1.30
 Dates: Thursdays
 6:00–7:45 p.m. – When Junior Basketball is NOT in season
 7:00–8:45 p.m. – When Junior Basketball is in season



Whispering Pines Tennis Center

800 S.W. Darwin Blvd.
(772) 871-7670

All activities/classes in this section are held at Whispering Pines Tennis Center. Whispering Pines features 14 tennis courts, all of which are lighted for evening play. Tennis programming is offered through a local tennis professional.

Pickleball — As of October, 2016, eight permanent pickleball courts are now available for FREE play at Whispering Pines Park. Courts are lit and are available on a first-come, first-served basis.

Tennis Junior Pee Wee (Ages 4-6)

An introduction to the sport of tennis by learning basic racquet skills and movement through fun games and play. *(Recurring)*

Fee: \$58

Tuesdays & Thursdays

5- 6 p.m.

Tennis All Stars (Ages 6-12)

This class teaches fundamental stroke production and basic tennis skills for young developing players. Instruction includes stroke technique and drill work in a fun "game" type environment. *(Recurring)*

Fee: \$58

Tuesdays-Thursdays

5- 6 p.m.

Tennis Future Stars (Ages 5-10)

Learn the basic instruction on the fundamental strokes of the game. Serving, forehand, backhand and net play are covered at this level. Scoring with singles and doubles play will be introduced. *(Recurring)*

Fee: \$50

Tuesdays & Thursdays

5- 6 p.m.

Junior Starter Program (Ages 5-7, 8-14)

This program is designed for beginners interested in starting Junior Tennis instruction on Saturday mornings. *(Recurring)*

Fee: \$10 per clinic

Contact: (772) 871-7670

Saturdays

(Ages 5-7) 10:15-11 a.m.

(Ages 8-14) 9-10:15 a.m.

Tennis All Stars (Ages 10+)

Learn the basic instruction on the fundamental strokes of the game. Serving, forehand, backhand and net play are covered at this level. Scoring with singles and doubles play will be introduced. *(Recurring)*

Fee: \$58
Mondays & Wednesdays
5–6 p.m.

Women's Instructional League (Ages 18+)

All women, all levels of play welcome. Play after clinic. *(Recurring)*

Thursdays
9–10 a.m.

Men's Double (Ages 18+)

(Recurring)

Fee: \$58
Tuesdays
7–10 p.m.

Tennis Adult Starter Class (Ages 18+)

An introduction to the sport of tennis by learning basic racquet skills and movement through fun games and play. *(Recurring)*

Fee: \$35
Tuesdays 7–7:30 p.m.
Thursdays 9–10 a.m.

Tennis Adult Starter Class (Ages 18+)

(Recurring)

Fee: \$35
Tuesdays 7–10 p.m.

Tennis Tournament Stars (Ages 18+)

For juniors interested in playing at a competitive level and desiring sectional, state and national rankings. Players will be introduced to fitness training, nutrition, mental toughness and tournament schedule planning for success at the high school level and beyond. *(Recurring)*

Fee: \$58
Mondays & Wednesdays
6–7 p.m.





Hours of Operation

Recreation (including Humana Fitness & Wellness Center)

Monday–Thursday:
6 a.m. to 9 p.m.

Friday: 6 a.m. to 8 p.m.

Saturday & Sunday:
7:30 a.m. to 6 p.m.

Recreation & Tickets
(772) 807-4499

Humana Fitness & Wellness Center
(772) 204-7101



As part of the 100,000 sq. ft. Civic Center, the facility offers the Humana Fitness and Wellness Center, full-court gymnasium, game room, four indoor racquetball courts, Art Gallery, and so much more! Please call to discuss rental space and to obtain Recreation membership details.



Haunted Happenings (All Ages)

Are you ready for some Spooktacular fun? Come on out to the Port St. Lucie Civic Center and indulge in an event for all ages. This party includes dancing, carnival games, contests, prizes, food, drinks, and candy. Halloween isn't all about the scaring; it's about dressing up and having fun with your friends and family. Today's top hits will be played along with some Halloween classic songs. Fun, food, dress up and arts n' crafts will bring an enjoyable evening for your family and friends.

Location: Recreation/Civic Center

For more Information: (772) 807-4499

Fee: \$5.00/child (1 yr. and over)

Parents: Free in Costume

Dates: Friday October 21, 6:00- 8:00 p.m.

Game Night

Game Night is an opportunity for the public to come in and enjoy the Civic Center's game room while watching various football games on TV and enjoying refreshments. Participants can play numerous games including foosball, billiards, ping pong, air hockey, and video games. Refreshments will also be available for purchase at the Recreation Desk.

Location: Civic Center Game Room

Fee: \$5.00

Dates: All Sundays

September 11 - December 18

1-4 p.m.

Princess and Super Hero Family Valentine Dance

This dance is sure to be a fun-filled adventure for the whole family to celebrate the holiday. Dress as a princess or superhero and enjoy dancing to themed pop music, meet and take pictures with fantasy characters, or play games great for kids or kids at heart. The event will finish with a magic show and light refreshments. Sign your sweetheart up early for great savings. All ages welcome. Children 2 and under are FREE!

Location: Gymnasium

Fee: Register before Feb. 10 and the cost is \$6 per person, \$8 per person at door, children 2 and under free.

Dates: Saturday, February 11, 3:30-5:30 p.m.

Recreation Birthday Party Rentals (Ages 2+)

Have your child's birthday party indoors featuring a Parks & Recreation staff member to host fun activities in a game room, gymnasium, or tot room at the beautiful Port St. Lucie Civic Center. Parties are booked no earlier than 30 days in advance and are subject to availability.

Location: Recreation Division of the Civic Center

Contact Booking: Jennifer Romberger

jromberger@cityofpsl.com or (772) 807-4493

Fee: Rates starting at \$150

Dates: Sundays, 11 a.m. -1 p.m. or 2 - 4 p.m.

Annual Talent Show 2017 (All ages)

Got talent? Well, here is your time to shine! We are hosting our Annual Talent Show!! So if you think you have what it takes, come in and register for your chance to showcase your talent...and be in the running for great prizes! Registration & audition required for acts.

Location: Community Center

Contact: Jaclynn Gazdacko, (772) 807-4470

Dates: Friday, April 28, 2017



Toddler & Youth Programs

Toddler Drop Off

(Ages 2-4)

Toddler Drop Off is a part time, educational, classroom program for preschoolers. This one-of-a-kind class features a safe and structured environment with plenty of activities to engage young growing minds. Registration started August 1st. *(Recurring)*

Location: Tot Room

Instructor: Jennifer Romberger

Fee: \$75 for 10 consecutive classes.

Dates: Tuesdays & Thursdays, Sept-May
9a.m.-12 p.m. (excluding holidays)

Beginners Karate

(Ages 8+)

Classes will be offered in the art of Tae Kwon Do, which is a style of Karate taught by the American Kang Duk Won Association, and is a mental and physical discipline art utilizing the mind and the body as a single unit. This is a traditional-style, self-defense art with practical moves for today's world and is an on-going, year-round program with classes meeting twice a week. Those interested must register before the 7th of the month. After the 7th, a late fee of \$ 6.00 is added to the registration fee. *(Recurring)*

Location: Multipurpose Room A

Instructor: Connie Malone, (772) 485-8905

Website: akdwa.com

Fee: \$37.75 (Late fee of \$6.00)

Dates: Tuesdays & Thursdays
5:30-6:30 p.m. (excluding holidays)

Judo Academy (Ages 8+)

Participants will increase physical fitness, self-confidence, agility, conditioning and much more in a fun and safe environment. Classes are instructed by 6th Degree Black Belt and former National Team Member Becky Genereux. *(Recurring)*

Location: Activity Room

Instructor: Becky Genereux, (954) 599-7138

Fee: \$50.00 Monthly

Dates: Mondays & Wednesdays
6:15-7:15 p.m. (excluding holidays)

Youth Special Interest Programs

Advanced Karate

(Ages 8+)

Classes will be offered in the art of Tae Kwon Do, which is a style of Karate taught by the American Kang Duk Won Association, and is a mental and physical discipline art utilizing the mind and the body as a single unit. This is a traditional-style, self-defense art with practical moves for today's world and is an on-going, year-round program with classes meeting twice a week. Those interested must register before the 7th of the month. After the 7th, a late fee of \$ 6.00 is added to the registration fee. *(Recurring)*

Location: Multipurpose Room A

Instructor: Connie Malone, (772) 485-8905

Website: akdwa.com

Fee: \$36.00 (Late fee of \$6.00)

Dates: Tuesdays & Thursdays
6:30-7:30 p.m. (excluding holidays)

Kung-Fu (All ages)

Chinese Martial Arts.

Learn the art of the Tiger, Dragon and Crane from Master John Izzo. Classes for Men and Women. Learn Self Defense, Street Defense, Self Awareness & Self Confidence. *(Recurring)*

Location: Game Room

Instructor: John Izzo, 10th Degree Master Black Belt (772) 579-0903

Fee: \$29.00 Monthly; \$9.00 Drop-in

Dates: Wednesdays

- (Ages 3-6) 6:00-6:30 p.m.
- (Ages 7-10) 6:30-7:15 p.m.
- Adult class meets at 7:15-8:00 p.m.

Tai Chi (Ages 15+)

Looking to improve your flexibility and gradually build muscle strength? The beautiful mesmerizing art of Tai Chi will take your joints through their range of motion while emphasizing breathing and inner stillness relieving both stress and anxiety. Sensei Izzo has more than 40 years' experience and is excited to introduce you to this very low-impact, relaxing and health promoting form of exercise. All ages can learn and no previous experience or special equipment is needed. *(Recurring)*

Location: Tot Room

Instructor: John Izzo, 10th Degree Master Black Belt (772) 579-0903

Fee: \$29.00 Monthly/\$9.00 Drop-in

Dates: Tuesdays, 6:30-7:20 p.m.

M&M Sweeties

(Ages 4+)

Baton twirling is an art and a sport which is fun, exciting and easy to learn. Baton twirling will give your child an opportunity to march in parades, learn how to twirl, model, win awards and, most important of all, develop self-confidence, coordination and good sportsmanship. So if you think this is something your child would enjoy, come join Missie and friends at the Port St. Lucie Civic Center. There will be extra costs for registration, baton, uniforms, and insurance. This class is on-going September-May. *(Recurring)*

Location: Gymnasium Side A

Instructor: Missie Liss, (772) 370-7787 or
www.mnmsweeties.net

Fee: \$31.50 Monthly; \$9.00 Drop-in

Dates: Wednesdays, 6:00-7:00 p.m.

Class Will Not Meet On Nov. 11

Dance Programs



Tutus & Taps (Ages 3-5)

This creative dance class is for preschoolers ages 3-5 years old. We will be floating with butterfly wings and playing the beautiful Sleeping Beauty while mixing proper ballet and tap techniques. Don't miss out on a perfect opportunity for your child to learn coordination and new dance techniques. Tutus and taps and dance combo attire – leotard/tights/ tutus and/ or skirts if they want. Any color is fine. *(Recurring)*

Location: Multipurpose Room B
 Instructor: Jaclynn Gazdacko, (772) 807-4499
 Activity Code: Thursday: 500013
 Saturday: 500014
 Fee: \$25/Monthly
 Dates: Thursdays, 3:40-4:10 p.m.
 Saturdays, 9-9:30 a.m.
 Note: Dance class will not meet in December.

Dance Combo (Ages 6-9)

This Tap and Ballet Combo Class is an introductory tap and ballet class for your child to learn basic steps of both styles of dance. Note: dance class will not meet in December. *(Recurring)*

Location: Multi-purpose Room A & B
 Instructor: Jaclynn Gazdacko, (772) 807-4499
 Online Activity Code:
 Thursday, Room B: 500017
 Saturday, Room A: 500019
 Fee: \$30
 Dates: Thursdays, 4:20-5:10 p.m.,
 Saturdays, 11-11:50 a.m.

Movin' & Groovin' (Ages 7-11)

This class is to learn the basic elements of jazz and tap dance and explore today's popular dance styles. Develop rhythm, poise, balance and confidence. Attire: jazz shoes, tap shoes, jazz pants, tank top, or fitted tee of any color. Note: dance class will not meet in December. *(Recurring)*

Location: Multipurpose Room B
 Instructor: Jaclynn Gazdacko,
 (772) 807-4499
 Activity Code: 500016
 Fee: \$30
 Dates: Saturdays, 9:40-11:00 a.m.



Country Line Mix Dance Classes (Ages 9+)

Not just country line dancing but the best mix of country and non country music. Line dancing is good for your mind, body, and soul. Dancing has many positive health benefits. *(Recurring)*

Location: Multipurpose Room
 Instructor: Kathy Parker,
 kat_dancin@yahoo.com
 Fee: \$6.00 Drop-in
 Beginner Drop-in Class
 Dates: Wednesdays, 7:00-8:45 p.m.

Flamenco (Ages 15+)

Looking for a terrific way to exercise the entire body, sculpt the arms, learn coordination and have fun, all while dancing? Come dance Flamenco! Be a gypsy in spirit! Flamenco is the soul of Spain and it has roots in the Middle East. Learn the rhythms, the Palmas and the footwork! All walks of life are welcome to take this class – not gender or age specific! *(Recurring)*

Location: Multi-Purpose Room
 Instructor: Roberta Linares (Zayda),
 (772) 876-4691
 Fee: \$40.00 Monthly
 Dates: Thursdays, 7:30 p.m.

Senior Programs

Pickleball

This sport combines different rules of ping-pong, tennis, and badminton, using paddles similar to ping-pong. Played on a badminton-sized net court with tennis-like rules and a perforated plastic baseball with holes, this game can be played on any hard surface. Got you interested? Are you ready to hear the 'POP' of the ball hitting the paddle? Program will start September and will run till May with below times. Some dates are not available due to private rentals and will be posted at facility.

Location: Gymnasium
Contact: (772) 807-4499

Day	Dates	Time	Fee
Mon	Recurring	8:30A-1:30P	\$3.00 (incl. tax)
Wed	Recurring	8:30A-1:30P	\$3.00 (incl. tax)
Thurs	Recurring	8:30A-1:30P	\$3.00 (incl. tax)

No activity on City Holidays



Senior Mah Jongg

It's time to socialize and join our FREE weekly Mah Jongg mixer. There will be no instruction given during this activity.

Location: Game Room
Fee: Free of Charge
Dates: Wednesdays, 11:45 a.m.-1:00 p.m.

Sports Programs

Adult Men's Basketball League

(Ages 18+)

This league is designed for adult men basketball players who are looking for competition and fun. The league will consist of a 10-game regular season and playoffs. Each team must designate a captain, have a minimum of five players and a maximum of 10, matching numbered jerseys/t-shirts and pay a registration fee per player. Don't have a team? Call us, we can help. All games will be played Monday and Wednesday nights at the Civic Center.

Location: Gymnasium Side A&B at
PSL Civic Center
Instructor: RaShad Thomas, (772) 807-4495



Volleyball

Participants can enjoy playing the sport of volleyball in our air conditioned gymnasium. This popular sport is a fun activity that promotes mental sharpness and physical wellness.

Location: Civic Center Gymnasium
Fee: \$4.00

Dates:

- (Ages 16+) Sundays 3:30-4:30 p.m.
- (Ages 55+) Sundays 2:30-3:30 p.m.

Indoor Racquetball

We have four beautiful indoor racquetball courts! If you enjoy racquetball you can inquire about our Racquetball Pass. This pass allows exclusive use of the racquetball courts and is only \$20 for 10 visits! Call the Recreation Desk at (772) 807-4499 for more information!

Location: Civic Center Racquetball Courts
Contact: (772) 807-4499
Fee: \$20 per 10 visits

Special Needs Programs

Special Needs Holiday Party and Luncheon (Ages 15+)

Join the Civic Center to ring in the holiday season right. Special Recreation participants, family and friends are invited to spend a special afternoon with lunch, laughter, and friends. Registration Recommended.

Location: Civic Center– Game Room
 Contact: Erin Murphy, (772) 807-4469
 Fee: \$7.00 Registration; \$9.00 Drop-in
 Dates: Wednesday, December 14, 12:00 –1:30 p.m.



Special Needs Fitness (Ages 8+)

Participants with special needs are encouraged to join us for two hours of fun and fitness! This program will include an exciting hour in the game room and one hour of physical activity in the gymnasium. Test your gaming skills with pool tournaments, Wii game (bowling, tennis and baseball), air hockey and more in the game room! Then move into our gymnasium for some real fun with activities that'll get you on your toes—play a game of basketball, strike someone out in baseball, make that winning soccer goal and more! Activities can be played at any level and adjusted for all to participate. Registration is required for participation in the program. (Ages 18+)

Location: Gymnasium Side A&B at PSL Civic Center
 Instructor: Erin Murphy, (772) 807-4499

Day	Date	Time	Fee
Wed	11/9	10:00–11:45 a.m.	\$2.00
Wed	01/11	10:00–11:45 a.m.	\$2.00
Wed	02/8	10:00–11:45 a.m.	\$2.00
Wed	03/8	10:00–11:45 a.m.	\$2.00
Wed	04/12	10:00–11:45 a.m.	\$2.00



Humana®

FITNESS AND WELLNESS CENTER

The Humana Fitness and Wellness Center is designed to entice anyone interested in living a healthier lifestyle, from the novice to the seasoned fitness aficionado. For more information on any aspect of this unparalleled Fitness and Wellness Center, please contact us at (772) 204-7101

The Humana Fitness and Wellness Center accepts Silver Sneakers!

The Humana Fitness and Wellness Center's experienced staff of personal trainers are available for one-on-one sessions at competitive rates. Whether you're just getting started or want to get to the next level of fitness, you're sure to find one who can help you on your path to living a healthy and fit life. Call (772) 204-7101 for more information and to schedule your personal training appointment.

FITNESS CLASSES

Classes are offered free to Recreation Members. Non-members can participate by purchasing a daily pass.
*Schedule is subject to change.

Barre Fitness

This total body conditioning class results in a toned and strengthened physique; all while improving your flexibility, posture and mind body connection.

Thursdays, 8:10-9:00 a.m.

Body Sculpt

Take your workout to the next level. This class is designed to strengthen and sculpt every major muscle group utilizing hand weights and/or barbells and other equipment.

Tuesdays & Thursdays, 5:30-6:20 p.m.

Boot Camp

This fast-paced, high-intensity workout will incorporate muscle toning and weight-lifting exercises through explosive fat-burning cardio movements. Also included are various exercises for each muscle group utilizing different equipment. Some classes may meet outside.

Mondays, 6:30-7:20 p.m.
Saturdays, 9:00-9:50 a.m.

Butts & Guts

A blast for your lower half and core. This 50-minute conditioning class uses weights, body resistance and mat work to tone and shape your hips, thighs, butt and abs. Great for every fitness level.

Wednesdays, 6:30-7:20 p.m.
Sundays, 10:05-10:50 a.m.

Cardio Resistance Training

This class alternates intervals of beginner choreographed cardio with strength training exercises for a full body workout that will keep you coming back for more.

Mondays, 6-6:50 a.m.

Chair Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere all while sitting in a chair.

Mondays, 1-1:50 p.m.
Wednesdays, 9-9:50 a.m.
Fridays, 12-12:50 p.m.

Cycling

Cycling is an aerobic exercise that takes place on a specially-designed stationary bike. As you pedal, motivating music plays and you are taken through a visualization of an outdoor cycle workout. Cycling burns serious calories, and this intense class is sure to get your heart pumping. (Limit 19 per class)

<i>Day</i>	<i>Time</i>
Mon/Wed	5:30-6:20 p.m.
Tues/Thurs	6:30-7:20 p.m.
Sat	10:15-11:05 a.m.
Sun	11:00-11:50 a.m.

Humana.

Sponsored and Supported

Functional Training/ Advanced Functional Training

Improve overall strength, coordination, range of motion and flexibility. Each exercise increases the body's ability to move efficiently as an integrated unit; this enhanced functioning will reduce injuries and improve performance. Functional training significantly increases core stabilization, which give us better control of our bodies through different planes and movements.

Mondays, Wednesdays & Fridays, 9–9:50 a.m.
Tuesdays, 9:10–10:00 a.m.



Slow Flow Vinyasa Yoga

A slower paced class, focused on safe alignment principles. Experience the joy of matching breath to motion while building strength and fluidity in your body. Perfect for prenatal, new students or seasoned students.

Mondays, 10–10:50 a.m.

Gentle Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

Wednesdays, 10–10:50 a.m.
Fridays, 11–11:50 a.m.

Senior Fitness

Designed to increase muscular strength, range of motion, coordination, agility, and balance to improve the participant's daily living. Music is used to enhance the format and create an upbeat and positive experience. This class is primarily for seniors, but it is also a great class for anyone just starting out.

Mondays, 11–11:50 a.m.; 12–12:50 p.m.
Wednesdays, 11–11:50 a.m.
Fridays, 10–10:50 a.m.



Humana.

Sponsored and Supported



Strength and Balance

This is a total body workout; exercise sessions for real life. Frequently changing the variety of exercises and hand-held equipment improves not only strength and balance, but flexibility and coordination. Each exercise adds to the effectiveness of other body movements.

Tuesdays, 8:10–9:00 a.m.

Powerlifting Team (Ages 13+)

The Humana Fitness and Wellness Center has welcomed a new sport into our facility. Participants will meet four times a week to strengthen and build muscle. Come and join our team of trained staff that will help spot and inform you of proper technique to prevent future injuries while lifting. Powerlifting room includes equipment and accessories that are available for participants. Guidance in nutrition and supplementation will be provided upon request. We currently have both males and females ages 15 to 65 years old enrolled in this sport.

Location: Humana Fitness and Wellness Center

Contact: Matt Levine, (772) 204-7101

Fee: \$35.00

Mondays–Sundays

Powerlifting Competition

The Humana Fitness and Wellness Center and various Power Lifting Organizations team up together to bring world power lifting events right here to Port St. Lucie. Watch local, national, and international lifters go head to head to find out who is the strongest of the strong. Male and female athletes from 15 different age groups and 22 weight classes will be competing to find the best lifter.

Location: Gymnasium

Contact: (772) 204-7101

Warrior Blast

A boot camp style class that includes body weight exercise, Tabata training, high intensity interval training, and suspension training, performed in a controlled environment with various pieces of equipment. This class will help you develop core, strength flexibility and overall endurance.

Wednesday & Friday, 6:00–6:45 a.m.

Humana.

Sponsored and Supported

Yoga

Free yourself from stress, clear your mind, and stretch and tone your body. Learn different breathing techniques, postures, and meditations that will improve your health and unlock your potential. Balance your body and mind with a motivating approach and relaxing atmosphere.

Tuesdays & Thursdays, 5:30–6:45 p.m.

Zumba GOLD

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. No jumping required in Zumba Gold, lower impact for seniors.

Mondays & Thursdays, 10–10:50 a.m.

Zumba/Zumba Choreo*

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Mondays, 6:30–7:20 p.m.

Tuesdays, 10:10–11:00 a.m.;

11:10 a.m.–12:00 p.m.*

Wednesdays, 12–12:50 p.m.

Fridays, 12–12:50 p.m.; 6–6:50 p.m.



We now have two fitness locations that you can enjoy – The Humana Fitness & Wellness Center at the Civic Center and the Community Fitness & Wellness Center at the Community Center. Members can enjoy both locations and the above fitness classes with a membership! Personal training packages available at both locations for a low rate. Both locations accept Silver Sneakers!

THE SAINTS GOLF COURSE

Opened in the fall of 1961 & located in a tranquil residential neighborhood, the Saints Golf Course consists of an exceptional 18-hole championship course, driving range and practice area. The Saints' large, 11,000 sq.ft., clubhouse is complete with a fully-stocked pro shop, a restaurant/pub and a rentable banquet room perfect for all types of occasions.

The mission of the Saints Golf Course is to provide a quality, competitively priced, and self-sustaining golf facility for players of all abilities. Along with exceptional customer service, our full service clubhouse, practice facilities, and golf course are designed to and will continually offer the "best value" in public golf.



2601 S.E. Morningside Blvd.
(772) 398-2901
www.cityofpsl.com/golf

Gallery Club membership Information

Annual (12 months from registration date)

City Residents \$75 / Non-Resident \$90

Summer (May 1 – Oct. 31)

City Residents \$40 / Non-Resident \$45

Gallery Club membership benefits

- Reduced greens fees
- Up to seven-day advanced booking
- 10 percent discount on food at on-site restaurant
- 10 percent discount on all in-stock pro shop merchandise (excluding golf balls)
- Discounts on range balls

Lessons

Mel Bryant, PGA Professional

Learn to putt, chip, short game fundamentals, long irons and driving.

Call the Saints Pro Shop at (772) 398-2901 and ask about upcoming Adult and Junior Clinics.

Pro's Tips

Take advantage of the "live edition" of our monthly "Pro's Tips" video segments. David O'Kelly will be on the range helping you with your swing for free. The "live edition" is held every Thursday from 10 – 11 a.m. Participants should purchase range balls in the pro shop.

Driving Range

Practice makes perfect. Enjoy our full service driving range with target greens, short game area, practice bunker and oversized putting green. Best range prices in town.

- Large bucket (60 balls) \$6
- Small bucket (30 balls) \$4

Don't forget to take advantage of our range card program. For a \$48 range card, receive 10 large buckets. That's a 20% savings! Range closes early at 4 p.m. each Wednesday for maintenance (time may vary according to season).

Pro Shop

The beautiful Saints Pro Shop is fully stocked with merchandise from many of top brands and manufacturers in the golf industry.

- Shirts by Antigua
- Hats by American Needle, Titleist, Dorfman Pacific
- Shoes/Gloves by FootJoy
- Golf Balls by Titleist
- Golf Bags, Headcovers, Towels with your favorite NFL, MLB, and College Team's logo
- Outerwear by The Weather Co.
- Specialty items: Umbrellas, mugs, coasters, hat clips, custom ball markers, and more.

We invite you stop by the Pro Shop and see our beautiful selection. You may choose to purchase a gift certificate, the perfect choice for the golfer in your life.

Upcoming Events

The Port St. Lucie City Championship – The Algire

Saturday, November 12th, 2016 (Round 1)

Sunday, November 13th, 2016 (Round 2)

Contact: David O'Kelly, (772) 398-2901

Leagues

SWGA

The Saints Women's Golf Association plays every Monday morning.

Contact: Carole Jacobsen, (772) 359-1037

Men's League

The Saints Men's League plays every Wednesday with tee times starting around 11 a.m. Players of all abilities are welcome. Participants will be asked to establish a handicap through our GHIN system. The league is active year round and may be joined at any time.

Contact: Ray Rash, (772) 398-2901

Fall Recreational Golf Leagues

The Saints would like to play host to your fall golf league. Enjoy beautiful fall evenings with friends and golf. After the round, experience The 19th Hole, our full service restaurant and bar while relaxing on the patio.

Contact: David O'Kelly, (772) 398-2901

Junior Golf

Junior golfers, ages seven to 17, can play for just \$5 after 12 noon, when playing with a paid adult, age 18 or older. Unaccompanied juniors may walk after 1 p.m. for \$5.

Juniors are encouraged and welcome to practice for free at the Saints. Complimentary tokens for the driving range are available in the Pro Shop. *(Restrictions apply)*

The First Tee of the Treasure Coast

The Saints is proud to be a host course for The First Tee of the Treasure Coast. Junior instruction with The First Tee teaches life skills, nine core values, and nine healthy habits as well as golf fundamentals. The First Tee has ongoing sessions throughout the year. To learn more about The First Tee program and for more information on how to sign up, visit:

www.thefirstteetreasurecoast.org

Restaurant and Banquet Facilities

The 19th Hole & Sandpiper Room banquet hall are available for golfers and non-golfers alike. "On-the-go" service is offered, including breakfast sandwiches, bunker baskets (ready on the turn if placed after play is finished on the 8th hole), and a concession cart.

19th Hole Hours of Operation

M/Tu/Th.....10:00 a.m. – 8:00 p.m.

W.....10:00 a.m. – 9:00 p.m.

F/Sa.....10:00 a.m. – 10:00 p.m.

Su.....10:00 a.m. – 5:00 p.m.

Call (772) 337-0180 or visit www.cityofpsl.com/golf for more information about the evening entertainment, daily specials, and meal times or how to reserve the Sandpiper Banquet Room for your next meeting or special event. The Banquet Room has a seating capacity of 152 people.

Sponsorships

Showcase your area business with a beautiful "Tee Sign" sponsorship.

- \$1,000 for 12 months

Receive FREE golf valued at more than \$900

Contact: Ashley Mooney, (772) 398-2901



2410 S.E. Westmoreland Blvd
 Port St Lucie, FL 34984
 (772) 337-1959
www.pslbotanicalgardens.org

Port St Lucie Botanical Gardens

Situated on nearly 20 acres of old Florida flora and fauna is a retreat far removed from the bustle of the city. Cool, quiet and serene the Botanical Gardens is the perfect backdrop for a leisurely stroll or an active tour. Operated by the Friends of the Port St. Lucie Botanical Gardens, a not-for-profit organization, members of the Friends are committed to the growth and development of the PSL Botanical Gardens as an educational and recreational destination in Port St. Lucie for all residents and visitors.

The Gardens offer many free public events, such as plant sales, lectures, art shows, and concerts, on a regular basis. Both the pavilion and Gardens are ideal venues for private celebrations such as weddings and parties. Join the Ft. Pierce Jazz and Blues Society concerts every other Wednesday evening or bring the kiddies to one of our monthly Saturday morning Junior Gardener programs.

Our summer series boutique plant sales are a community favorite as is our annual Botanical Garden Fest and Plant Sale. Become a member of the Friends and enjoy exclusive events and celebrations as well as discounts in our Gift Shop.

Hours of Operation:
 Wednesday–Saturday, 10 a.m.–4 p.m.
 Sunday, 12 – 4 p.m.
 Admission Donation: \$5
 Children under 12 are always free



Volunteer opportunities are available both inside the Nature Center, as well as outside in the Gardens. Please call (772) 337-1959 to become a valuable volunteer for the Gardens! Check out all of the events and happenings at the Port St. Lucie Botanical Gardens by going to www.pslbotanicalgardens.org



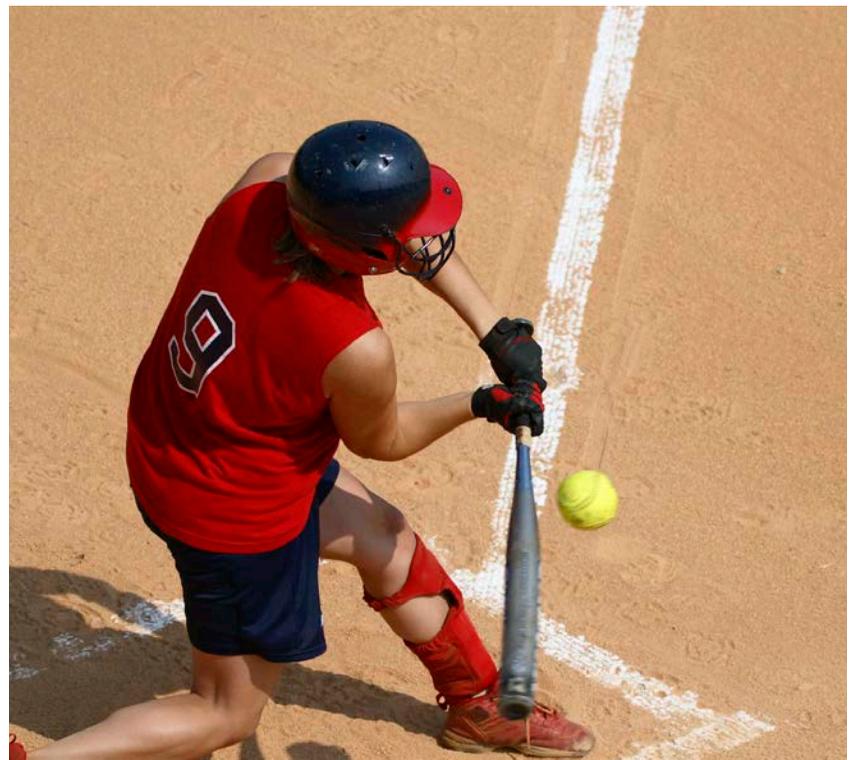
ADULT SOFTBALL LEAGUES

Adult Softball Leagues (Operated by Parks & Recreation Department)

	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
Men's Slow Pitch	18+	Sept — Dec Jan — April	August, December	Sandhill Crane Park	Minsky Gym (772) 344-4142 troberts@cityofpsl.com
Coed Slow Pitch	18+	Sept — Dec Jan — April	August, December	Sandhill Crane Park	
Coed Slow Pitch	18+	Sept — Dec Jan — April	August, December	Lyngate Park	
Women's Slow Pitch	18+	Sept — Dec Jan — April	August, December	Sandhill Crane Park	

SENIOR SOFTBALL LEAGUES

	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
50+ Slow Pitch	50+	Sept — Dec Jan — May	August, December	Sandhill Crane Park	Bill Linn (772) 834-5048 Bossman676@bellsouth.net
60+ Slow Pitch	60+	Sept — Dec Jan — May	August, December	Lyngate Park	Lee Willard (519) 281-0987 containman@aol.com



YOUTH BASEBALL/SOFTBALL LEAGUES

Recognized User leagues are comprised of volunteers

	AGES	SEASON	LOCATION	CONTACT
T-Ball	4-5	Sep—Nov, Jan—Jul	Lyngate Park	American Little League (772) 335-0510 www.eteamz.com/pslamll
C-League	6-8	Sep—Nov, Jan—Jul	Lyngate Park	
B-League	9-12	Sep—Nov, Jan—Jul	Lyngate Park	
A-League	9-12	Sep—Nov, Jan—Jul	Lyngate Park	
50-70	12-13	Sep—Nov, Jan—Jul	Lyngate Park	
Senior League	13-16	Sep—Nov, Jan—Jul	Jessica Clinton Park	
Girls Junior Softball	12-16	Sep—Nov, Jan—Jul	Jessica Clinton Park	

	AGES	SEASON	LOCATION	CONTACT
T-Ball	4-5	Sep—Nov, Jan—Jul	Whispering Pines Park	Southwestern Little League (772) 626-2565 www.eteamz.com/swpsll
C-League	6-8	Sep—Nov, Jan—Jul	Whispering Pines Park	
B-League	9-12	Sep—Nov, Jan—Jul	Whispering Pines Park	
A-League	9-12	Sep—Nov, Jan—Jul	Whispering Pines Park	
Junior League	13-14	Sep—Nov, Jan—Jul	Whispering Pines Park	
Girls C-League	7-9	Sep—Nov, Jan—Jul	Whispering Pines Park	
Girls A-League	9-12	Sep—Nov, Jan—Jul	Whispering Pines Park	
Girls Junior League	12-16	Sep—Nov, Jan—Jul	Whispering Pines Park	

	AGES	SEASON	LOCATION	CONTACT
T-Ball	4-5	Sep—Nov, Jan—Jul	Sportsman's Park	National Little League (772) 340-2465 www.eteamz.com/pslnationalll
C-League	6-8	Sep—Nov, Jan—Jul	Sportsman's Park	
B-League	9-12	Sep—Nov, Jan—Jul	Sportsman's Park	
A-League	9-12	Sep—Nov, Jan—Jul	Sportsman's Park	
Junior League	13-14	Sep—Nov, Jan—Jul	Sportsman's Park	



YOUTH FOOTBALL/CHEERLEADING LEAGUES

Recognized User leagues are comprised of volunteers

	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
Flag Football & Cheerleading	4-7	Jan — April Jul — Sept	Contact League <i>Early Registration starts March 2017</i>	Sandhill Crane Park	Port St. Lucie Athletic Association (772) 340-7775 or (772) 878-0771 www.pslaa.com
Lower Tackle	7-10	Jan — April Jul — Sept		Sandhill Crane Park	
Middle Tackle	10-12	Jan — April Jul — Sept		Lyngate Park	
Upper Tackle	13-15	Jan — April Jul — Sept		Sandhill Crane Park	

YOUTH FOOTBALL/CHEERLEADING LEAGUES

Recognized User leagues are comprised of volunteers

Cont'd

	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
Tiny Mite	5-7	Jul – Dec	April, May	Whispering Pines Park	Greater PSL Football & Cheerleading (Pop Warner) (772) 370-1082 www.eteamz.com/pslpirates
Mitey Mite	7-9	Jul – Dec	April, May	Whispering Pines Park	
Jr. Pee Wee	8-10	Jul – Dec	April, May	Whispering Pines Park	
Pee Wee	9-11	Jul – Dec	April, May	Whispering Pines Park	
Jr. Midget	10-12	Jul – Dec	April, May	Whispering Pines Park	
Midget	12-14	Jul – Dec	April, May	Whispering Pines Park	
Unlimited	11-14	Jul – Dec	April, May	Whispering Pines Park	



YOUTH SOCCER LEAGUES

Recognized User leagues are comprised of volunteers

	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
U4 & U6	4-6	Jul – Dec	Contact League	Swan Park	Port St. Lucie Soccer Club (772) 249-5131 Fsununes8@aol.com www.pslsoccerclub.com
U8 & U14	8-14	Jul – Dec		Swan Park	
High School	15-18	Jul – Dec		Swan Park	
Competition U10-18	10-18	Jul – Dec		Swan Park	



	AGES	SEASON	REG. MONTHS	LOCATION	CONTACT
U4 & U6	4-5	Jul – Dec	Contact League	McChesney Park	Mako Soccer Club (772) 873-6256 info@makosoccer.com
U6 & U7	6-7	Jul – Dec		McChesney Park	
U-8	8	Jul – Dec		McChesney Park	
U-10	10	Jul – Dec		McChesney Park	
U-12, 14,16	12-16	Jul – Dec		McChesney Park	



This 100,000 square foot facility is home to elegant flexible event rental space, the Emerald Ballroom and Ruby Conference Hall, as well as outdoor Village Square and Stage. Exclusive on-site catering service is provided by a leader in the hospitality industry.

The Civic Center hosts a wide variety of events, including:

- Conferences/Meetings
- Trainings/Seminars
- Dinners/Banquets
- Weddings/Receptions
- Parties/Dances
- Theater Shows/Dinner Shows
- Consumer Shows
- Trade Shows/Expos
- Sporting Events
- Festivals/Concerts



Hours of Operation

Hospitality

Monday–Friday, 8 a.m. to 5 p.m.
Saturday & Sunday available by appt.,
call for Holiday Hours of Operation

Rental/Sales Inquiries

(772) 807-4488

EMERALD BALLROOM

The beautifully appointed Emerald Ballroom, at 13,464 square feet, is the perfect site for a large conference, wedding reception, tradeshow or Vegas-style sporting event. Step outside onto the adjacent terrace, overlooking a tranquil pond, for an elegant evening cocktail reception or just a breath of fresh air.



The extraordinary Ruby Conference Hall, at 5,790 square feet, is the ideal venue for small to mid-sized corporate functions, trainings or meetings and wedding receptions, dinners or parties. Featuring a circular brick driveway just outside and access to our spacious plaza, this space lends beautifully to the bride making her grand entrance from the limo into the reception.

RUBY CONFERENCE HALL

Village Square & Stage

This area, just in front of the Civic Center, hosts many City special event festivals, such as St. Patrick's Day, Freedomfest, Oktoberfest, Fall Festival and Festival of Lights. Many groups and organizations rent this area for their own festivals, concerts, picnics, car shows, wedding ceremonies, and home base for walks and runs.



Other Amenities

Your guests are sure to appreciate the convenience of free parking in our adjacent 800-space parking garage. Rental options are readily available for every aspect of your event, from audio/visual needs, dance floor, stage, pipe and drape, and valet parking. Every client is assigned an Event Specialist as a guide to perfect all of the details of your next event. We will coordinate with any florist, cake baker, decorator, DJ or band that you may choose.

Rental spaces and services are customized to meet the needs of any event. The exclusive on-site catering service works with your budget and event design. For more information on available space, room rates, facility amenities or for a tour, please call (772) 807-4488 and ask to schedule a tour with an Event Specialist.



Lobby & Art Gallery

Architectural beauty is the reason many brides have requested the use of the lobby for their wedding ceremony. Steps beyond, the Art Gallery transforms into a majestic setting for a cocktail reception and leads directly into the Emerald Ballroom for the magnificent catered banquet. Larger tradeshows appreciate the versatility of the event flowing through these areas into the Ruby Conference Hall, ultimately creating almost 25,000 square feet of display space.

The Art Gallery is redesigned every eight weeks to present different displays by local artists. The Artist Receptions are open to the public to mark the unveiling of each new exhibit. The Art Gallery is open most weekdays.

September 11 Monument

On Tuesday, September 11, 2012, the City unveiled the much anticipated September 11 Monument. The September 11 Memorial Plaza was created as a result of the tireless efforts of volunteers, donors and a community that will never forget the tragic events of September 11, 2001. The Monument serves as a reminder of the lives lost that day and the locations of the attacks. The monument combines the contrasting elements of scarred steel from the World Trade Center and calming waters.

The support structures for the World Trade Center artifact are representations of the original World Trade Center trident detail, which covered the lower stories of the buildings. The orientation of the steel is towards Manhattan, and the Pentagon is in the same north-south position as it stands in Washington, D.C. The names of the departed are held within the fountain pool and form a pentagon shape that angles up towards the center of the monument. The intent is for the water to spill down the face of the stone. The monument fountain is encircled with a green coping stone in tribute to those lost in the crash of Flight 93 in a field in Pennsylvania. A centerpiece of the Monument is a steel beam which was once part of the World Trade Center. This artifact was donated to the City by the Port Authority of New York & New Jersey and was delivered to the site by 911 First Responders of the Treasure Coast and an escort of first responders.

Naming Rights

The City is seeking interested organizations or individuals who would like to contribute to the development of the facility. Many universities and medical centers use similar programs to generate much needed revenue to fund vital capital projects. The rooms and areas, listed below, at the Center are available for naming on behalf of an individual or organization. Multi-year pledge payments or a one-time payment are welcome.

Village Square	52,000 sq. ft.
Lobby	6,000 sq. ft.
Front Plaza	35,000 sq. ft.
Ruby Conference Hall ...	4,800 sq. ft.
Emerald Ballroom	14,000 sq. ft.
Art Gallery	2,000 sq. ft.

Benefactor Program

This program is designed for people who want to contribute to the Center with a onetime donation in honor or remembrance of an individual or organization. The donor's name(s) will be listed on a prominent display in the lobby of the Center.

Platinum	\$5,000 and up
Gold	\$1,000 – 4,999
Silver	\$500 – 999
Bronze	\$100 – 499

Support the Civic Center

The Naming Rights and Benefactor Programs are essential to sustaining and advancing the Port St Lucie Civic Center. These programs will serve as a resource for funding the various needs at the Center that will not be funded by tax dollars, and will play an indispensable role in the development of this major community asset for generations to come. For more details regarding these exciting opportunities, contact Dianne White at DianneW@cityofpsl.com.

Civic Center Events

“The Ambassadors of Swing”

Port St. Lucie Civic Center – Emerald Ballroom
Doors open at 6:30 p.m. Dancing at 7 p.m.

The Ambassadors of Swing are proud to announce the return of their Big Band dances, some of the most popular themed events at the Port St. Lucie Civic Center. Cash bar available.

Discounts for advance purchase: \$8 General Admission seating, \$10 at the door.

- Tuesday, November 15, “A St. Lucie Thanksgiving”
- Tuesday, December 13, “Christmas Down South”
- Tuesday, January 10, “Tribute to Artie Shaw”
- Tuesday, February 14, “My Funny Valentine”
- Tuesday, March 14, “St. Patrick’s Emerald Ball”
- Tuesday, April 4, “Easter on Main Street”

Port St. Lucie Community Band Concert

Port St. Lucie Civic Center – Emerald Ballroom
Doors open at 6:30 p.m.
Concert at 7 p.m.

The Port St. Lucie Community Band is comprised of approximately 70 amateur and professional musicians. The ensemble is dedicated to providing live musical entertainment for residents of the vibrant City of Port St. Lucie and surrounding Treasure Coast communities. Events listed each have a unique theme and take place on Wednesdays.

Discounts for advance purchase: \$7 General Admission seating, \$8 at the door.

- Wednesday, November 2, “A Salute to America”
- Wednesday, December 7, “Holiday Spectacular”
- Wednesday, February 15, “Love, Romance and More”
- Wednesday, March 22, “From Broadway to Big Bands”

Golden Oldies Thursdays

Live music by “Solid Gold Dance Band”. Hit the dance floor or just sit back and remember the good old days with the classic rock tunes from the ‘60s, 70’s and ‘80s by one of the greatest local dance bands. Doors open and cocktails and snacks available for purchase at 6:30 p.m.

Port St. Lucie Civic Center – Emerald Ballroom
Contact: (772) 807-4499
At the Door Tickets: \$7
In Advance Tickets: \$6 General Admission
First Thursday of every month, 7– 10 p.m.

Artist Reception

Exhibitions will be held approximately every eight weeks throughout the year offering local and regional artists a professional venue in which to display their artwork. Each exhibit opens with an early evening reception featuring light music, fare and beverage along with insight into the thoughts of an artist. Exhibition applications are accepted on an ongoing basis and are available at the Civic Center or online www.cityofpsl.com/civic.

<i>Days</i>	<i>Dates</i>	<i>Time</i>
Th	11/10	6:00–8:00 p.m.
Th	01/05	6:00–8:00 p.m.
Th	03/02	6:00–8:00 p.m.
Th	04/27	6:00–8:00 p.m.

Court Passes (Sportsman's Park)

Come play basketball under the lights at our two basketball courts at Sportsman's Park. Be sure to get your FREE court pass which will enable you to enjoy this great sport at Sportsman's Park! From 3:30 to 9 p.m., seven days a week, all basketball players at Sportsman's must show their court pass to the on-site attendant. You can obtain your FREE court pass at the Civic Center, Community Center and Minsky Gym. Be sure to bring your photo ID in order to register for the court pass. Minors must have parental authorization to obtain a court pass.

Disc Golf

There is an 18 hole disc golf course now at McCarty Ranch Preserve. It's open to the public on a first-come, first-served basis but you must provide your own disc. Disc golf is one of the best lifetime fitness sports. It is easy to learn, a healthy activity and accessible to people of all ages and fitness levels. If you can throw a Frisbee and you like to have fun, you can play disc golf.

Park Pavilion Rentals (3 hour minimum rental)

Each additional hour of service is \$10.42

Group Pavilions (\$20.28) Basketball Pavilion (\$33.99)

- Charles Ray Park
- C-24 Canal Park
- Jessica Clinton Park
- Lyngate Park
- McChesney Park
- Oak Hammock Park
- River Place Park
- Rotary Park
- Sandhill Crane Park
- Sportsman's Park
- Sportsman's Park West
- Turtle Run Park
- Veterans Park at Rivergate
- Whispering Pines Park

- Charles Ray Park

Family Pavilions (\$11.36)

- Fred Cook Park
- Girl Scout Friendship Park
- River Place Park
- Kiwanis Park
- Elks Lodge Friendship Park
- Veterans Park at Rivergate
- Whispering Pines Park



A Message to Citizens from our Parks Police Officers

- Abide by speed limits in areas surrounding schools, not only in School Zone areas
- Refrain from distractions in early morning and afternoon hours while children may be present on the streets and sidewalks. Keep both eyes on the road!
- Never speed by children; reduce speeds below the speed limit to decrease chances of an accident.

Registration and General Information

Registration Refund /Satisfaction Guaranteed Policies

If you aren't satisfied with a class or you are unable to participate for any reason, please contact us immediately. Our policy is to provide a 100% credit or refund to anyone who makes a written request before the start of the second class. Satisfaction guarantee does not apply to golf course greens fees, adult sports leagues, summer camps, one-time special events, rentals or trips. There are no refunds on class materials purchased.

Parents

Please do not ask to have your child put in a class in which he/she does not belong. All age requirements are set to benefit the children. In some instances, age requirements have been set for your child's safety. Thank you for your understanding.

Registration Policy

Registration for many of our recreation activities may now be done online or at the Port St. Lucie Community Center, Minsky Gymnasium and the Port St. Lucie Civic Center. We are now offering the option of registering online for our ever-popular Junior Basketball League and Summer Camp programs! If we do not have enough participants registered in a class or program, we reserve the right to cancel or postpone it. All registered participants will be notified and given a complete refund if the program is cancelled. Once a program is full, registrations will be closed. To ensure your participation in a program, contact the appropriate facility in order to determine registration procedures. No phone registrations will be accepted. Pre-registration is suggested, as most of our classes are limited in size. We accept cash, money orders and checks made out to the City of Port St. Lucie. We also accept Visa, Mastercard, American Express, etc.

Class Cancellations

On City holidays, many Parks & Recreation facilities will be closed and some classes are cancelled. Some classes are cancelled on school holidays. Please ask your instructor or call the appropriate facility if you have a question.

Disciplinary Actions

The City reserves the right to dismiss a patron from Parks & Recreation programs and facilities if it is determined to be in the best interest of the City. A police officer may be called to trespass a patron from City property. Each situation will be evaluated on its own merit.

City of Port St. Lucie

City Council

Mayor

Gregory J. Oravec

Vice Mayor

Linda Bartz

Councilwoman

Michelle Lee Berger

Councilwoman

Shannon M. Martin

Councilman

Ron Bowen

City Management

Interim City Manager

Patricia Roebing

Interim Assistant City Manager

Jesus Merejo

Parks and Recreation Dept.

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Director

Sherman Conrad, CPRP

Assistant Director

Brad Keen, CPRP

Deputy Director

Patricia Roberts

Recreation Administrator

Jay Liss, CPRP

Building Maintenance Administrator

Mark Olsen

Golf Course Administrator

Curtis Wichern

