

Crisis Intervention & Suicide Prevention

211 is here for anyone in emotional crisis or thinking of suicide. If you or someone you know

- Has a problem and doesn't know where to turn
- Is thinking of suicide
- Needs to know where to get help
- Wants to talk to someone who really listens

Call 2-1-1. When you don't know where to turn.....we are here!



AGENCY MISSION:

211 Palm Beach/Treasure Coast's mission is to connect people to services 24 hours a day by understanding their individual, emotional, financial and community needs and to support the health & human service system as a whole.



When you don't know where to turn...

We're Here to Listen, We're Here to Help!

FREE • 24/7 • CONFIDENTIAL

Other Services

211 HelpLine provides advocacy and support to vulnerable populations

Sunshine Telephone Reassurance
for isolated elders and adults with disabilities

Help Me Grow
for families with concerns about their child's behavioral, emotional & physical development



"Entering our 5th decade of quality and caring service for the community!"

National Accreditation:

Alliance of Information & Referral Systems, American Association of Suicidology and Contact USA-Chat

Major Funders include:

Board of County Commissioners of Indian River, Martin and St. Lucie Counties; Children's Services Councils of Okeechobee and St. Lucie Counties; Hobe Sound Community Chest; Indian River Sheriff's Office; National Suicide Prevention Lifeline; Southeast Florida Behavioral Health Network; United Ways of Indian River, Okeechobee, Martin and St. Lucie Counties;



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What is 211?

211 is a community helpline and crisis hotline. Highly trained and accredited Resource Specialists offer guidance and support in helping teens, adults, families, seniors, caregivers and professionals find the services they need.

Free, confidential, available 24 hours a day, 7 days a week.

Our Resource Specialists will:

- Listen as you explain your situation
- Assess your problems and needs
- Help you find answers to your questions
- Provide you with options

Se Habla Español
Nou Pale Kreyòl

To Chat via Text Message,
Text your zipcode to:

898211



Your Partner In Locating Community Resources

**For everyday needs and
in times of crisis . . .**

SIMPLY CALL 2-1-1 to find out about and get connected to the following types of services and more:

Basic Human Needs:

Food, clothing, emergency shelter and rent/mortgage/utility assistance.

Physical & Mental Health:

Crisis intervention, victim services, domestic violence, health services, drug/alcohol treatment, mental health counseling, Medicare/Medicaid, support groups.

Employment Related:

Job training, resume assistance, educational programs, transportation assistance, day care.

Support for Children, Youth, & Families:

Tutoring, advocacy, summer camps, child care.

Support for Older Adults:

Home delivered meals, senior centers, home health care, transportation, volunteer opportunities.

CHAT ONLINE DAILY
10am-8pm

211TreasureCoast.org

Real People, Real Problems...

"You saved my life. If you hadn't convinced me to give my gun to my sister, I don't think I'd be here today. I am so grateful that you were there for me last night." **30-year-old veteran**

"I just needed to talk, and you really listened to what I had to say."

14-year-old girl who is unhappy in school and feels alone

"Thank you for working with me. I was having trouble paying my bills, and you connected me with an agency that's helping me get back on my feet." **Single Mom**

"My husband was starting to have memory problems, and I didn't know where to turn. I don't know what I would have done without your support." **75-year-old wife**

My three year old has recently been diagnosed with a disability and you listened to me and let me know that I was not alone and there are services to help my son." **Overwhelmed parent**

NEED TO TALK?



211_HelpLine



211 HelpLine





ST. LUCIE COUNTY COMMUNITY GUIDE TO SERVICES

MEDICAL EMERGENCY	9-1-1	MENTAL HEALTH CRISIS	2-1-1
ABUSE-Child, Adult, Domestic		COUNSELING/MENTAL HEALTH	
Abuse Hotline (Florida)	(800) 962-2873	211 Crisis Intervention & Suicide Hotline	2-1-1
CASTLE-Teaching Safe Parenting	(772) 465-6011	2nd Chance Mental Health Center	(772) 335-0166
Wave C.R.E.S.T. runaway shelter (CHS)	(800) 881-8855	Catholic Charities	(772) 283-0541
Elder Victim of Crime Assistance	(866) 684-5885	Daniel M Center for Behavioral Change	(772) 466-0051
Family Preservation Services	(772) 595-3773	Legacy Behavioral Health	(772) 873-8811
Hibiscus Children's Center, ext. 310	(772) 299-7293	Port St. Lucie Hospital	(772) 335-0400
SafeSpace	(772) 288-7023	New Horizons of the Treasure Coast	(772) 468-5600
ABUSE-Substance		Suncoast Mental Health Centers	(888) 373-5010
2nd Chance Mental Health Center	(772) 335-0166	TC Behavioral Healthcare at Lawnwood Pavilion	(772) 466-1500
AA St. Lucie County	(772) 873-9299	DISABILITY SERVICES	
Counseling & Recovery Center	(772) 467-3057	Agency for Persons with Disabilities	(772) 468-4080
DATA-youth outpatient, residential, school based	(772) 595-3322	ARC of St. Lucie County	(772) 468-7879
New Horizons of the Treasure Coast	(772) 468-5600	Coalition for Independent Living Options (CILO)	(772) 878-3500
Port St. Lucie Hospital	(772) 335-0400	Deaf & Hard of Hearing Services of the TC	(772) 334-2233
Restoration House Ministries	(772) 468-7900	Easter Seals Florida, Inc.	(772) 380-9972
Smoking & Tobacco- Quit now! (AHEC)	(877) 819-2357	Disability Rights Florida	(800) 342-0823
CHILDCARE/EARLY CHILDHOOD		Florida Division of Blind Services	(866) 225-0794
211 Help Me Grow-early development & more	2-1-1	Gulfstream Goodwill Rehab Center (Ft. Pierce)	(772) 342-6832
ALPI Headstart (Agriculture & Labor Program)	(800) 330-3491	Helping People Succeed	(772) 320-0770
Children's Services Council of SLC	(772) 408-1100	Lighthouse for the Blind of the Palm Beaches	(561) 586-5600
Early Learning Coalition of St. Lucie County	(772) 595-6424	EDUCATION- Adult	
East Coast Migrant Headstart (Ft. Pierce)	(772) 465-9135	Indian River State College (IRSC) main	(866) 792-4772
Healthy Start Coalition	(772) 467-2016	IRSC Adult Education- ESL	(772) 343-9553
Helping People Succeed	(772) 320-0770	IRSC Adult Education- GED	(772) 336-6230
Voluntary Pre-Kindergarten (Early Learn Coal)	(772) 595-6424	IRSC Lifelong Learning Institute	(772) 462-7877
CLOTHING/THRIFT STORES		Learn to Read of St. Lucie County	(772) 464-2747
Dog & Cats Forever Thrift Store	(772) 879-6002	Learn to use Computers-CareerSource	(866) 482-4473
Good Samaritan Ministries Thrift Store	(772) 398-0065	Learn to use Computers- Lakewood Park Library	(772) 462-6870
Mustard Seed Ministries Thrift Store	(772) 595-1599	EMPLOYMENT	
Salvation Army	(772) 464-4846	AARP Senior Placement Program	(772) 336-3330
St. Vincent DePaul	(772) 344-1341	Florida Division Vocational Rehabilitation (PSL)	(772) 873-6550
Treasure Coast Hospice Thrift Store-Ft. Pierce	(772) 466-1797	Career Source Research Coast	(866) 482-4473
Treasure Coast Hospice Thrift Store-St. Lucie W	(772) 343-0100	FINANCIAL ASSISTANCE	2-1-1

Special thanks for the support of our funders: Children's Services Council of St. Lucie County, United Way of St. Lucie County, The Board of County Commissioners of St. Lucie County and Southeast Florida Behavioral Health Network.

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HOPE

WHEN YOU NEED IT MOST

**ST. LUCIE COUNTY COMMUNITY SERVICES****FOOD ASSISTANCE**-more sites call 2-1-1

Access Florida (SNAP)	www.myflorida.com/accessflorida/
Grace Way Village (Sunday PM meal)	(772) 925-3074
Harvest Food & Outreach	(772) 468-8543
In the Image of Christ	(772) 461-7788
Mustard Seed Ministries	(772) 465-6021
Salvation Army	(772) 464-4846
Sarah's Kitchen Meal sites	2-1-1
Women Infants & Children (WIC)	(772) 785-6124

FORECLOSURE CONCERNS 2-1-1**HEALTH CLINICS/HOSPITALS/OTHER**

Department of Health	(772) 873-4906
FL Community Health Centers	
- Fort Pierce-also dental (ages 20 and younger)	(772) 461-1402
- Port St. Lucie (Children's)	(772) 335-8455
HANDS Clinic- also dental	(772) 344-2541
Lawnwood Regional Medical Center	(772) 461-4000
Martin Memorial Health Systems	(772) 287-5200
Project Response-case management HIV/AIDS	(772) 464-0420
St. Lucie Medical Center	(772) 335-4000
Whole Family Health Center	(772) 468-9900

OTHER

Diabetes Preventions/Healthy Living-DOH	(772) 785-6184
Discount Prescription and Healthcare Card (SLC)	(772) 462-1777
FamilyWize Discount Prescription Card	(800) 222-2818
Health Insurance Marketplace	www.HealthCare.gov

HOMELESS/ASSISTANCE

Cold Weather Shelters	2-1-1
Homeless Family Center	(772) 567-2766
MISS Inc. Project (Women/Children)	(772) 781-4063
SLC School Student/Family intervention services	(772) 429-3930

HOMELESS/PREVENTION

TC Homeless Services Council Resource Ctr	(772) 778-4234
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HOSPICE-supportive care/services (772) 403-4500**HOUSING-Affordable** 2-1-1**LEGAL ASSISTANCE**

Florida Rural Legal Services	(772) 466-4766
Florida Child Support Enforcement	(800) 622-5437
19th Circuit Public Defender	(772) 462-2048
Office of State Attorney(19th Judicial Circuit)	(772) 465-3000

LIBRARIES

SLC Main Library Ft. Pierce	(772) 462-1615
Rupert J. Smith Law Library (public welcome)	(772) 462-2370

PARENT & FAMILY

CASTLE	(772) 465-6011
Father and Child Connection	(772) 595-6424
Helping People Succeed-children w autism	(772) 320-0770
Lucie Adolescent Parenting Program (LAPP)	(772) 468-5190
Multi-Cultural Resource Ctr for Child & Family	(772) 672-3710
Parent Academy of St. Lucie County	(772) 466-0523
Parent Teen Community Connection	(772) 708-5421
Parent Liaison-Students w emotional/behavior disability	(772) 429-4517
Tykes and Teens	(772) 220-3439

SENIORS

Agency for Health Care Administration	(800) 226-5082
Alzheimer's Community Care	(772) 466-3261
Council on Aging- senior center & services	(772) 336-8608
TC Long-Term Care Ombudsman-protecting rights	(888) 831-0404
Your Aging/Disability Center & SHINE helpline	(866) 684-5885

SOCIAL SECURITY ADMIN (866) 964-7414**TRANSPORTATION**

Community Transit SLC	(772) 464-7433
TC Connector for St. Lucie County	(772) 464-8878
Medicaid Transport information	2-1-1

VETERANS SERVICES

Dept. of Veterans Affairs	(800) 827-1000
Ft. Pierce VA Outpatient Clinic	(772) 595-5150
Port St. Lucie PTSD Clinic	(772) 878-7876
Veterans Service Office	(772) 337-5670
Veterans Affairs Medical Center (West Palm Bch.)	(800) 972-8262

YOUTH DEVELOPMENT

Arc of SLC- rec/ed programs youth with disabilities	(772) 468-7879
4-H Youth Development	(772) 462-1660
Avenue D Boys' & Girls' Choir	(772) 595-1414
Big Brothers Big Sisters	(772) 466-8535
Boys & Girls Club of St. Lucie County	(772) 460-9918
Frontline for Kids	(772) 464-0100
Future Generations	(772) 528-9931
Girl Scouts of South East Florida	(772) 201-8713
PACE Center for Girls-school drop-out prevention	(772) 595-8880
Police Athletic League (PAL)	(772) 398-9436
Project ROCK South (School Suspension Alternative)	(772) 237-5723
Save Our Children	(772) 466-8398
St. Lucie County Sherriff's Explorers	(772) 871-5358
YMCA of the Treasure Coast	(772) 878-7337
Club Pure (School Suspension Alternative)	(772) 429-0031

This listing is a partial representation of information maintained by 211 Helpline current as of print date July 2015. Inclusion on this information sheet does not imply endorsement nor does omission imply a lack of endorsement by 211 Helpline. For more information call 2-1-1 or visit:

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