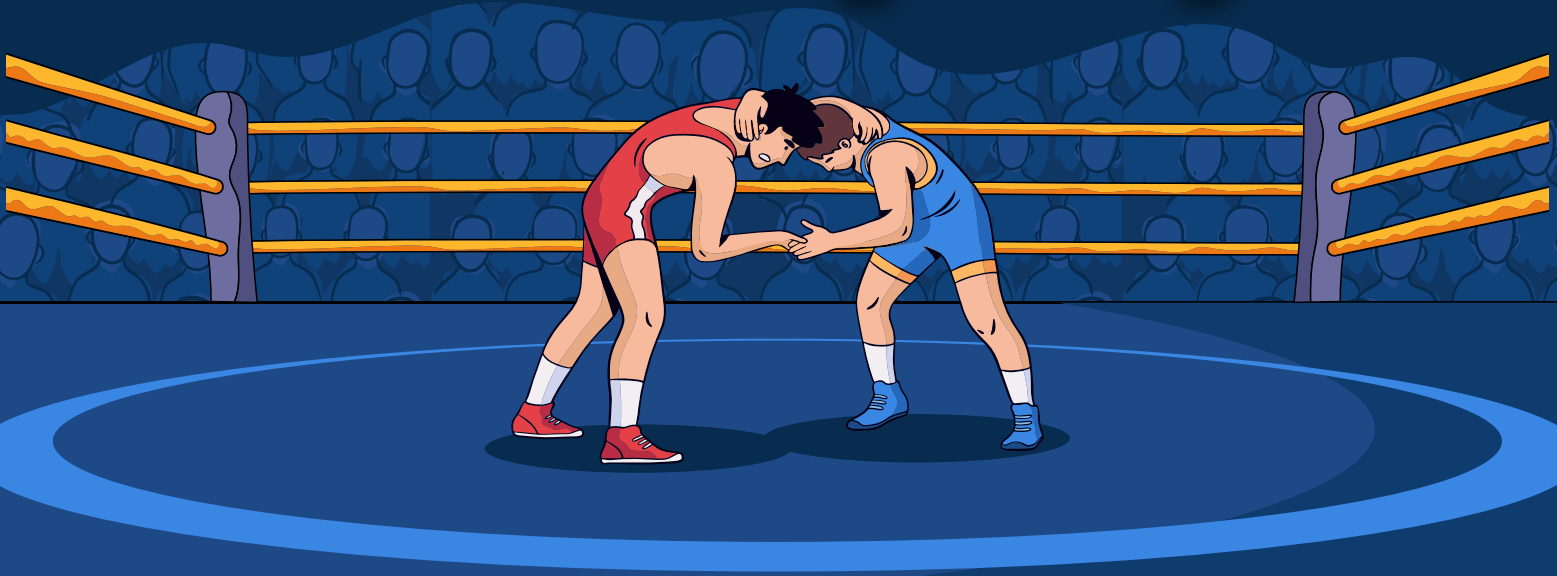


PORT ST. LUCIE POLICE ATHLETIC LEAGUE

Fall Wrestling & Conditioning Program



Boys & Girls ages 6-14 (Max. 25 youths)

September 10 to December 12, 2024

Registration at PAL Building on September 5, 2024
from 6:30 to 8 p.m.

Tuesday & Thursday sessions: 6:30 p.m. to 8 p.m.

No session: October 31 & November 5 & 28, 2024

Coaches & Coordinators:

Kevin Mimnaugh and Carlos Cruz.

Cost: \$100 donation
per youth (all sessions).

Each youth will supply and
maintain their own training
equipment (shoes &
headgear)
with coaches approval.

CONTACT PSL POLICE ATHLETIC LEAGUE:

Officer Jerry DeJean • 772-398-9436 • www.cityofpsl.com/PAL

PAL Gym: 2101 Tiffany Ave., Port St. Lucie, FL 34952

