

PORT ST. LUCIE
POLICE ATHLETIC LEAGUE

KARATE PROGRAM

BOYS & GIRLS
AGES 6 TO 18

Training takes place on Mondays, Wednesdays and Fridays from 6:30 to 8 p.m. at the PAL Gym. Each youth will supply and maintain their own training and testing equipment (coaches approval). PAL is closed on all City Holidays.

Cost: \$225 donation per youth for PAL Karate
(Facility Use Only)

Karate fees will be discussed and set by the instructor.

INSTRUCTION BY:

Shihan Kathy Fabrey (9th Degree Black Belt)
Shihan Rich Wilson (7th Degree Black Belt)
Shihan Joseph Fabrey (7th Degree Black Belt)

CONTACT PSL POLICE ATHLETIC LEAGUE:

772-398-9436 • www.cityofpsl.com/PAL

PAL Gym: 2101 Tiffany Ave., Port St. Lucie, FL 34952

